

Sturgeon Island, Merrymeeting Bay, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:30	5.3	3:36	5.8	9:30	0.3	10:01	-0.2	7:13	4:11	
2	Tue	4:13	5.4	4:25	5.6	10:19	0.2	10:47	-0.2	7:14	4:12	
3	Wed	5:00	5.5	5:18	5.4	11:13	0.2	11:36	0.0	7:14	4:13	
4	Thu	5:52	5.6	6:17	5.2			12:11	0.2	7:13	4:14	
5	Fri	6:47	5.7	7:21	5.1	12:30	0.1	1:13	0.1	7:13	4:15	
6	Sat	7:47	5.8	8:29	5.0	1:28	0.3	2:19	0.0	7:13	4:16	
7	Sun	8:50	5.9	9:38	5.0	2:31	0.3	3:27	-0.1	7:13	4:17	
8	Mon	9:53	6.0	10:41	5.1	3:35	0.3	4:30	-0.3	7:13	4:18	
9	Tue	10:52	6.2	11:39	5.3	4:37	0.2	5:28	-0.5	7:13	4:19	
10	Wed	11:49	6.3			5:34	0.1	6:23	-0.6	7:12	4:21	
11	Thu	12:33	5.4	12:42	6.3	6:28	0.0	7:14	-0.7	7:12	4:22	
12	Fri	1:24	5.5	1:33	6.3	7:20	0.0	8:01	-0.6	7:12	4:23	
13	Sat	2:11	5.5	2:20	6.1	8:09	0.0	8:46	-0.5	7:11	4:24	
14	Sun	2:57	5.5	3:07	5.9	8:57	0.1	9:30	-0.3	7:11	4:25	
15	Mon	3:41	5.4	3:53	5.6	9:45	0.2	10:13	0.0	7:10	4:26	
16	Tue	4:26	5.3	4:41	5.2	10:34	0.4	10:56	0.3	7:10	4:28	
17	Wed	5:11	5.2	5:32	4.9	11:25	0.6	11:41	0.6	7:09	4:29	
18	Thu	5:58	5.1	6:25	4.6			12:18	0.7	7:08	4:30	
19	Fri	6:47	5.0	7:22	4.4	12:29	0.8	1:14	0.8	7:08	4:31	
20	Sat	7:40	4.9	8:22	4.3	1:20	1.0	2:14	0.8	7:07	4:33	
21	Sun	8:35	4.9	9:22	4.3	2:16	1.2	3:15	0.8	7:06	4:34	
22	Mon	9:31	5.0	10:17	4.4	3:14	1.2	4:10	0.6	7:06	4:35	
23	Tue	10:21	5.2	11:05	4.5	4:07	1.0	4:58	0.4	7:05	4:37	
24	Wed	11:07	5.4	11:48	4.7	4:54	0.9	5:40	0.2	7:04	4:38	
25	Thu	11:50	5.6			5:37	0.7	6:20	0.0	7:03	4:39	
26	Fri	12:29	4.9	12:31	5.8	6:19	0.4	6:58	-0.2	7:02	4:41	
27	Sat	1:08	5.1	1:11	6.0	7:00	0.2	7:35	-0.4	7:01	4:42	
28	Sun	1:45	5.4	1:52	6.1	7:42	0.0	8:13	-0.5	7:00	4:43	
29	Mon	2:23	5.6	2:34	6.0	8:26	-0.2	8:53	-0.5	6:59	4:45	
30	Tue	3:03	5.7	3:18	5.9	9:11	-0.2	9:35	-0.5	6:58	4:46	
31	Wed	3:46	5.8	4:06	5.7	10:00	-0.3	10:21	-0.3	6:57	4:47	