

































Sturgeon Island, Merrymeeting Bay, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:53	5.0			5:45	0.1	5:47	0.6	5:00	8:26	
2	Sun	12:00	6.1	12:46	5.1	6:36	-0.2	6:38	0.4	5:00	8:25	
3	Mon	12:51	6.3	1:38	5.3	7:28	-0.4	7:31	0.2	5:01	8:25	
4	Tue	1:44	6.5	2:31	5.5	8:19	-0.6	8:25	0.1	5:02	8:25	
5	Wed	2:38	6.6	3:24	5.6	9:11	-0.7	9:19	0.0	5:02	8:25	
6	Thu	3:32	6.6	4:17	5.7	10:03	-0.7	10:15	0.0	5:03	8:24	
7	Fri	4:27	6.5	5:12	5.8	10:56	-0.7	11:13	0.0	5:04	8:24	
8	Sat	5:24	6.2	6:08	5.8	11:50	-0.5			5:04	8:23	
9	Sun	6:25	5.9	7:05	5.8	12:15	0.1	12:46	-0.3	5:05	8:23	
10	Mon	7:27	5.6	8:02	5.8	1:18	0.2	1:42	0.0	5:06	8:23	
11	Tue	8:30	5.3	8:59	5.8	2:22	0.2	2:39	0.3	5:07	8:22	
12	Wed	9:35	5.1	9:57	5.8	3:27	0.2	3:38	0.5	5:08	8:22	
13	Thu	10:38	5.0	10:53	5.8	4:31	0.2	4:37	0.7	5:08	8:21	
14	Fri	11:36	4.9	11:45	5.8	5:29	0.1	5:32	0.8	5:09	8:20	
15	Sat			12:29	4.9	6:22	0.1	6:22	0.8	5:10	8:20	
16	Sun	12:34	5.8	1:17	4.9	7:10	0.1	7:08	0.8	5:11	8:19	
17	Mon	1:19	5.8	2:01	4.9	7:54	0.1	7:51	0.8	5:12	8:18	
18	Tue	2:02	5.7	2:42	5.0	8:34	0.1	8:32	0.8	5:13	8:17	
19	Wed	2:41	5.7	3:20	5.0	9:12	0.1	9:10	0.8	5:14	8:17	
20	Thu	3:19	5.7	3:57	5.0	9:47	0.2	9:48	0.8	5:15	8:16	
21	Fri	3:56	5.6	4:32	5.0	10:21	0.2	10:27	0.8	5:16	8:15	
22	Sat	4:33	5.4	5:09	5.1	10:56	0.3	11:07	0.8	5:17	8:14	
23	Sun	5:12	5.3	5:46	5.1	11:32	0.4	11:50	0.8	5:18	8:13	
24	Mon	5:55	5.1	6:25	5.2			12:10	0.5	5:19	8:12	
25	Tue	6:41	4.9	7:07	5.2	12:37	0.8	12:52	0.6	5:20	8:11	
26	Wed	7:30	4.8	7:53	5.3	1:26	0.8	1:37	0.7	5:21	8:10	
27	Thu	8:24	4.7	8:44	5.4	2:19	0.7	2:27	0.8	5:22	8:09	
28	Fri	9:24	4.7	9:40	5.6	3:16	0.6	3:23	0.8	5:23	8:08	
29	Sat	10:26	4.7	10:39	5.9	4:18	0.4	4:22	0.7	5:24	8:07	
30	Sun	11:26	4.9	11:36	6.1	5:17	0.1	5:21	0.5	5:25	8:06	
31	Mon			12:23	5.1	6:14	-0.2	6:18	0.3	5:26	8:05	