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Sturgeon Island, Merrymeeting Bay, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**10:26**	6.2	**11:13**	5.3	**4:10**	0.2	**5:02**	-0.6	7:13	4:12	
2	Fri	**11:23**	6.4			**5:09**	0.1	**5:59**	-0.8	7:13	4:13	
3	Sat	**12:10**	5.4	**12:20**	6.5	**6:05**	-0.1	**6:54**	-0.9	7:13	4:13	
4	Sun	**1:05**	5.5	**1:14**	6.6	**7:00**	-0.1	**7:46**	-0.9	7:13	4:14	
5	Mon	**1:58**	5.6	**2:07**	6.5	**7:54**	-0.2	**8:37**	-0.8	7:13	4:15	
6	Tue	**2:48**	5.6	**2:59**	6.2	**8:47**	-0.1	**9:26**	-0.6	7:13	4:16	
7	Wed	**3:39**	5.6	**3:51**	5.9	**9:40**	0.1	**10:15**	-0.3	7:13	4:17	
8	Thu	**4:29**	5.5	**4:44**	5.5	**10:35**	0.2	**11:05**	0.0	7:13	4:19	
9	Fri	**5:20**	5.4	**5:40**	5.2	**11:32**	0.4	**11:55**	0.3	7:12	4:20	
10	Sat	**6:12**	5.3	**6:37**	4.8			**12:30**	0.6	7:12	4:21	
11	Sun	**7:04**	5.2	**7:36**	4.6	**12:46**	0.6	**1:30**	0.7	7:12	4:22	
12	Mon	**7:57**	5.1	**8:37**	4.4	**1:39**	0.9	**2:31**	0.7	7:11	4:23	
13	Tue	**8:52**	5.1	**9:36**	4.4	**2:36**	1.0	**3:31**	0.6	7:11	4:24	
14	Wed	**9:45**	5.1	**10:29**	4.5	**3:32**	1.1	**4:24**	0.5	7:10	4:25	
15	Thu	**10:34**	5.2	**11:17**	4.6	**4:23**	1.0	**5:11**	0.4	7:10	4:27	
16	Fri	**11:19**	5.4			**5:08**	0.9	**5:53**	0.2	7:09	4:28	
17	Sat	**12:00**	4.7	**12:00**	5.5	**5:49**	0.8	**6:32**	0.1	7:09	4:29	
18	Sun	**12:40**	4.8	**12:39**	5.6	**6:28**	0.7	**7:08**	0.0	7:08	4:30	
19	Mon	**1:18**	4.9	**1:17**	5.7	**7:06**	0.5	**7:43**	-0.1	7:08	4:32	
20	Tue	**1:53**	5.0	**1:53**	5.8	**7:44**	0.4	**8:17**	-0.2	7:07	4:33	
21	Wed	**2:27**	5.2	**2:30**	5.8	**8:22**	0.3	**8:52**	-0.2	7:06	4:34	
22	Thu	**3:02**	5.3	**3:09**	5.7	**9:03**	0.2	**9:30**	-0.2	7:05	4:36	
23	Fri	**3:40**	5.4	**3:52**	5.6	**9:47**	0.1	**10:11**	-0.1	7:05	4:37	
24	Sat	**4:21**	5.5	**4:41**	5.4	**10:36**	0.1	**10:56**	0.0	7:04	4:38	
25	Sun	**5:08**	5.6	**5:35**	5.2	**11:30**	0.1	**11:46**	0.2	7:03	4:40	
26	Mon	**6:00**	5.6	**6:35**	4.9			**12:28**	0.1	7:02	4:41	
27	Tue	**6:58**	5.6	**7:42**	4.8	**12:41**	0.4	**1:32**	0.1	7:01	4:42	
28	Wed	**8:02**	5.7	**8:54**	4.8	**1:43**	0.5	**2:42**	0.1	7:00	4:44	
29	Thu	**9:11**	5.8	**10:03**	4.9	**2:51**	0.5	**3:51**	-0.1	6:59	4:45	
30	Fri	**10:16**	6.0	**11:05**	5.1	**3:59**	0.4	**4:54**	-0.3	6:58	4:46	
31	Sat	**11:17**	6.2			**5:01**	0.2	**5:51**	-0.6	6:57	4:48	