

































## Sturgeon Island, Merrymeeting Bay, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:26	6.2	11:13	5.3	4:10	0.2	5:02	-0.6	7:13	4:12	
2	Fri	11:23	6.4			5:09	0.1	5:59	-0.8	7:13	4:13	
3	Sat	12:10	5.4	12:20	6.5	6:05	-0.1	6:54	-0.9	7:13	4:13	
4	Sun	1:05	5.5	1:14	6.6	7:00	-0.1	7:46	-0.9	7:13	4:14	
5	Mon	1:58	5.6	2:07	6.5	7:54	-0.2	8:37	-0.8	7:13	4:15	
6	Tue	2:48	5.6	2:59	6.2	8:47	-0.1	9:26	-0.6	7:13	4:16	
7	Wed	3:39	5.6	3:51	5.9	9:40	0.1	10:15	-0.3	7:13	4:17	
8	Thu	4:29	5.5	4:44	5.5	10:35	0.2	11:05	0.0	7:13	4:19	
9	Fri	5:20	5.4	5:40	5.2	11:32	0.4	11:55	0.3	7:12	4:20	
10	Sat	6:12	5.3	6:37	4.8			12:30	0.6	7:12	4:21	
11	Sun	7:04	5.2	7:36	4.6	12:46	0.6	1:30	0.7	7:12	4:22	
12	Mon	7:57	5.1	8:37	4.4	1:39	0.9	2:31	0.7	7:11	4:23	
13	Tue	8:52	5.1	9:36	4.4	2:36	1.0	3:31	0.6	7:11	4:24	
14	Wed	9:45	5.1	10:29	4.5	3:32	1.1	4:24	0.5	7:10	4:25	
15	Thu	10:34	5.2	11:17	4.6	4:23	1.0	5:11	0.4	7:10	4:27	
16	Fri	11:19	5.4			5:08	0.9	5:53	0.2	7:09	4:28	
17	Sat	12:00	4.7	12:00	5.5	5:49	0.8	6:32	0.1	7:09	4:29	
18	Sun	12:40	4.8	12:39	5.6	6:28	0.7	7:08	0.0	7:08	4:30	
19	Mon	1:18	4.9	1:17	5.7	7:06	0.5	7:43	-0.1	7:08	4:32	
20	Tue	1:53	5.0	1:53	5.8	7:44	0.4	8:17	-0.2	7:07	4:33	
21	Wed	2:27	5.2	2:30	5.8	8:22	0.3	8:52	-0.2	7:06	4:34	
22	Thu	3:02	5.3	3:09	5.7	9:03	0.2	9:30	-0.2	7:05	4:36	
23	Fri	3:40	5.4	3:52	5.6	9:47	0.1	10:11	-0.1	7:05	4:37	
24	Sat	4:21	5.5	4:41	5.4	10:36	0.1	10:56	0.0	7:04	4:38	
25	Sun	5:08	5.6	5:35	5.2	11:30	0.1	11:46	0.2	7:03	4:40	
26	Mon	6:00	5.6	6:35	4.9			12:28	0.1	7:02	4:41	
27	Tue	6:58	5.6	7:42	4.8	12:41	0.4	1:32	0.1	7:01	4:42	
28	Wed	8:02	5.7	8:54	4.8	1:43	0.5	2:42	0.1	7:00	4:44	
29	Thu	9:11	5.8	10:03	4.9	2:51	0.5	3:51	-0.1	6:59	4:45	
30	Fri	10:16	6.0	11:05	5.1	3:59	0.4	4:54	-0.3	6:58	4:46	
31	Sat	11:17	6.2			5:01	0.2	5:51	-0.6	6:57	4:48	