

































Sturgeon Island, Merrymeeting Bay, ME - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:25	5.8	1:59	5.3	7:51	-0.1	7:55	0.5	5:30	7:42	
2	Sat	2:02	5.8	2:39	5.2	8:29	-0.1	8:32	0.6	5:29	7:43	
3	Sun	2:38	5.7	3:17	5.1	9:06	0.0	9:07	0.7	5:27	7:44	
4	Mon	3:13	5.7	3:54	4.9	9:43	0.1	9:44	0.9	5:26	7:45	
5	Tue	3:50	5.5	4:33	4.8	10:20	0.2	10:22	1.0	5:24	7:47	
6	Wed	4:28	5.4	5:15	4.7	11:01	0.4	11:04	1.1	5:23	7:48	
7	Thu	5:11	5.3	6:01	4.6	11:44	0.5	11:50	1.2	5:22	7:49	
8	Fri	5:58	5.2	6:50	4.6			12:31	0.6	5:21	7:50	
9	Sat	6:50	5.1	7:40	4.6	12:41	1.2	1:20	0.6	5:19	7:51	
10	Sun	7:43	5.0	8:30	4.8	1:35	1.2	2:10	0.6	5:18	7:52	
11	Mon	8:40	5.0	9:21	5.0	2:32	1.1	3:01	0.6	5:17	7:54	
12	Tue	9:37	5.1	10:10	5.4	3:30	0.8	3:53	0.5	5:16	7:55	
13	Wed	10:34	5.2	10:58	5.8	4:27	0.4	4:44	0.3	5:15	7:56	
14	Thu	11:28	5.4	11:45	6.1	5:21	0.0	5:33	0.1	5:13	7:57	
15	Fri			12:20	5.6	6:12	-0.4	6:22	0.0	5:12	7:58	
16	Sat	12:32	6.4	1:12	5.7	7:03	-0.7	7:11	-0.1	5:11	7:59	
17	Sun	1:22	6.7	2:05	5.8	7:54	-0.9	8:02	-0.1	5:10	8:00	
18	Mon	2:13	6.8	2:59	5.7	8:46	-0.9	8:55	-0.1	5:09	8:01	
19	Tue	3:06	6.7	3:53	5.7	9:40	-0.9	9:49	0.0	5:08	8:02	
20	Wed	4:01	6.6	4:51	5.6	10:35	-0.7	10:47	0.2	5:07	8:03	
21	Thu	4:59	6.3	5:51	5.4	11:34	-0.5	11:49	0.4	5:06	8:04	
22	Fri	6:02	6.0	6:54	5.4			12:35	-0.2	5:06	8:05	
23	Sat	7:08	5.7	7:56	5.4	12:55	0.5	1:37	0.0	5:05	8:06	
24	Sun	8:13	5.5	8:56	5.4	2:02	0.6	2:37	0.2	5:04	8:07	
25	Mon	9:18	5.3	9:53	5.5	3:10	0.6	3:36	0.4	5:03	8:08	
26	Tue	10:20	5.1	10:46	5.6	4:14	0.5	4:32	0.5	5:02	8:09	
27	Wed	11:17	5.1	11:33	5.7	5:12	0.4	5:22	0.6	5:02	8:10	
28	Thu			12:08	5.0	6:02	0.2	6:07	0.7	5:01	8:11	
29	Fri	12:17	5.7	12:54	5.0	6:48	0.1	6:49	0.8	5:00	8:12	
30	Sat	12:57	5.7	1:37	5.0	7:30	0.1	7:28	0.8	5:00	8:13	
31	Sun	1:36	5.7	2:18	4.9	8:09	0.1	8:06	0.9	4:59	8:14	