US HARBORS www.USHarbors.com

Sturgeon Island, Merrymeeting Bay, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:30	5.7	3:12	4.9	9:02	0.2	8:58	0.9	5:00	8:25	
2	Thu	3:07	5.7	3:48	4.9	9:36	0.2	9:35	0.9	5:01	8:25	
3	Fri	3:43	5.6	4:24	5.0	10:11	0.2	10:15	0.8	5:01	8:25	
4	Sat	4:21	5.6	5:00	5.1	10:47	0.2	10:56	0.8	5:02	8:25	
5	Sun	5:01	5.5	5:39	5.2	11:25	0.2	11:42	0.7	5:03	8:25	
6	Mon	5:45	5.4	6:21	5.4			12:06	0.2	5:03	8:24	
7	Tue	6:34	5.3	7:06	5.5	12:31	0.6	12:51	0.3	5:04	8:24	
8	Wed	7:27	5.1	7:55	5.7	1:24	0.5	1:39	0.4	5:05	8:23	
9	Thu	8:25	5.0	8:49	5.9	2:21	0.3	2:32	0.4	5:05	8:23	
10	Fri	9:28	5.0	9:48	6.0	3:22	0.2	3:31	0.4	5:06	8:22	
11	Sat	10:34	5.1	10:49	6.2	4:26	0.0	4:32	0.4	5:07	8:22	
12	Sun	11:37	5.2	11:49	6.4	5:28	-0.3	5:33	0.3	5:08	8:21	
13	Mon			12:37	5.3	6:27	-0.5	6:32	0.1	5:09	8:21	
14	Tue	12:48	6.6	1:35	5.5	7:24	-0.7	7:30	0.0	5:09	8:20	
15	Wed	1:45	6.7	2:30	5.7	8:19	-0.8	8:27	-0.1	5:10	8:19	
16	Thu	2:41	6.7	3:24	5.8	9:12	-0.8	9:22	-0.1	5:11	8:19	
17	Fri	3:35	6.5	4:15	5.8	10:02	-0.7	10:17	0.0	5:12	8:18	
18	Sat	4:28	6.2	5:06	5.8	10:52	-0.5	11:13	0.1	5:13	8:17	
19	Sun	5:22	5.9	5:58	5.7	11:42	-0.2			5:14	8:16	
20	Mon	6:18	5.5	6:50	5.6	12:10	0.3	12:33	0.2	5:15	8:16	
21	Tue	7:15	5.2	7:41	5.5	1:08	0.4	1:24	0.5	5:16	8:15	
22	Wed	8:13	4.8	8:34	5.4	2:07	0.5	2:16	0.8	5:17	8:14	
23	Thu	9:13	4.6	9:29	5.3	3:07	0.6	3:11	1.0	5:18	8:13	
24	Fri	10:13	4.5	10:24	5.3	4:08	0.7	4:09	1.1	5:19	8:12	
25	Sat	11:09	4.5	11:16	5.3	5:05	0.6	5:03	1.1	5:20	8:11	
26	Sun			12:00	4.6	5:56	0.5	5:52	1.1	5:21	8:10	
27	Mon	12:04	5.4	12:46	4.7	6:41	0.4	6:36	1.0	5:22	8:09	
28	Tue	12:47	5.5	1:28	4.8	7:21	0.3	7:16	0.9	5:23	8:08	
29	Wed	1:28	5.6	2:07	4.9	7:59	0.2	7:55	0.8	5:24	8:07	
30	Thu	2:06	5.7	2:43	5.0	8:33	0.1	8:33	0.7	5:25	8:05	
31	Fri	2:43	5.7	3:17	5.2	9:06	0.1	9:11	0.6	5:26	8:04	