

































## Sturgeon Island, Merrymeeting Bay, ME - Aug 2026

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 3:19  | 5.7 | 3:51  | 5.3 | 9:40  | 0.0  | 9:49  | 0.5  | 5:27  | 8:03 |    |
| 2    | Sun | 3:56  | 5.7 | 4:25  | 5.4 | 10:14 | 0.0  | 10:31 | 0.4  | 5:28  | 8:02 |    |
| 3    | Mon | 4:35  | 5.6 | 5:03  | 5.6 | 10:52 | 0.1  | 11:15 | 0.3  | 5:30  | 8:00 |    |
| 4    | Tue | 5:19  | 5.4 | 5:45  | 5.7 | 11:33 | 0.1  |       |      | 5:31  | 7:59 |    |
| 5    | Wed | 6:09  | 5.3 | 6:33  | 5.7 | 12:05 | 0.3  | 12:20 | 0.3  | 5:32  | 7:58 |    |
| 6    | Thu | 7:04  | 5.1 | 7:26  | 5.8 | 12:59 | 0.2  | 1:11  | 0.4  | 5:33  | 7:57 |    |
| 7    | Fri | 8:04  | 4.9 | 8:25  | 5.8 | 1:57  | 0.2  | 2:08  | 0.5  | 5:34  | 7:55 |    |
| 8    | Sat | 9:11  | 4.9 | 9:30  | 5.9 | 3:02  | 0.2  | 3:10  | 0.6  | 5:35  | 7:54 |    |
| 9    | Sun | 10:20 | 4.9 | 10:37 | 6.1 | 4:10  | 0.1  | 4:18  | 0.5  | 5:36  | 7:52 |    |
| 10   | Mon | 11:26 | 5.1 | 11:40 | 6.3 | 5:16  | -0.1 | 5:22  | 0.3  | 5:37  | 7:51 |    |
| 11   | Tue |       |     | 12:25 | 5.3 | 6:16  | -0.3 | 6:23  | 0.1  | 5:39  | 7:50 |    |
| 12   | Wed | 12:39 | 6.4 | 1:21  | 5.6 | 7:11  | -0.5 | 7:20  | -0.1 | 5:40  | 7:48 |    |
| 13   | Thu | 1:35  | 6.5 | 2:13  | 5.8 | 8:03  | -0.6 | 8:14  | -0.2 | 5:41  | 7:47 |    |
| 14   | Fri | 2:27  | 6.5 | 3:01  | 5.9 | 8:51  | -0.6 | 9:06  | -0.2 | 5:42  | 7:45 |   |
| 15   | Sat | 3:17  | 6.3 | 3:48  | 5.9 | 9:37  | -0.5 | 9:56  | -0.2 | 5:43  | 7:44 |  |
| 16   | Sun | 4:06  | 6.0 | 4:33  | 5.9 | 10:22 | -0.2 | 10:46 | 0.0  | 5:44  | 7:42 |  |
| 17   | Mon | 4:55  | 5.7 | 5:19  | 5.7 | 11:07 | 0.1  | 11:38 | 0.2  | 5:45  | 7:40 |  |
| 18   | Tue | 5:47  | 5.3 | 6:07  | 5.6 | 11:53 | 0.4  |       |      | 5:46  | 7:39 |  |
| 19   | Wed | 6:40  | 5.0 | 6:57  | 5.4 | 12:31 | 0.4  | 12:42 | 0.8  | 5:48  | 7:37 |  |
| 20   | Thu | 7:36  | 4.7 | 7:51  | 5.2 | 1:27  | 0.6  | 1:34  | 1.0  | 5:49  | 7:36 |  |
| 21   | Fri | 8:35  | 4.5 | 8:48  | 5.1 | 2:26  | 0.8  | 2:30  | 1.2  | 5:50  | 7:34 |  |
| 22   | Sat | 9:36  | 4.4 | 9:47  | 5.1 | 3:28  | 0.9  | 3:30  | 1.3  | 5:51  | 7:32 |  |
| 23   | Sun | 10:35 | 4.4 | 10:43 | 5.2 | 4:29  | 0.8  | 4:29  | 1.2  | 5:52  | 7:31 |  |
| 24   | Mon | 11:27 | 4.5 | 11:33 | 5.3 | 5:22  | 0.7  | 5:21  | 1.1  | 5:53  | 7:29 |  |
| 25   | Tue |       |     | 12:12 | 4.7 | 6:07  | 0.5  | 6:06  | 0.9  | 5:54  | 7:27 |  |
| 26   | Wed | 12:18 | 5.5 | 12:53 | 4.9 | 6:47  | 0.4  | 6:47  | 0.7  | 5:56  | 7:26 |  |
| 27   | Thu | 12:58 | 5.6 | 1:31  | 5.1 | 7:23  | 0.2  | 7:26  | 0.5  | 5:57  | 7:24 |  |
| 28   | Fri | 1:37  | 5.7 | 2:06  | 5.3 | 7:57  | 0.1  | 8:05  | 0.3  | 5:58  | 7:22 |  |
| 29   | Sat | 2:15  | 5.8 | 2:40  | 5.5 | 8:31  | 0.0  | 8:44  | 0.2  | 5:59  | 7:20 |  |
| 30   | Sun | 2:52  | 5.8 | 3:14  | 5.7 | 9:05  | -0.1 | 9:24  | 0.0  | 6:00  | 7:19 |  |
| 31   | Mon | 3:31  | 5.7 | 3:50  | 5.8 | 9:42  | 0.0  | 10:06 | -0.1 | 6:01  | 7:17 |  |