

































Sturgeon Island, Merrymeeting Bay, ME - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:40	5.8	9:17	5.3	2:23	0.1	3:08	-0.1	7:13	4:12	
2	Tue	9:39	6.1	10:20	5.4	3:23	0.1	4:10	-0.4	7:13	4:13	
3	Wed	10:36	6.4	11:19	5.6	4:22	-0.1	5:08	-0.7	7:13	4:14	
4	Thu	11:31	6.5			5:18	-0.2	6:03	-0.9	7:13	4:15	
5	Fri	12:15	5.7	12:25	6.7	6:12	-0.3	6:57	-1.0	7:13	4:16	
6	Sat	1:09	5.7	1:19	6.6	7:06	-0.3	7:50	-1.0	7:13	4:17	
7	Sun	2:02	5.7	2:12	6.5	8:00	-0.3	8:41	-0.9	7:13	4:18	
8	Mon	2:53	5.7	3:03	6.3	8:52	-0.1	9:31	-0.7	7:12	4:19	
9	Tue	3:45	5.6	3:56	6.0	9:45	0.0	10:22	-0.4	7:12	4:20	
10	Wed	4:37	5.4	4:51	5.6	10:41	0.3	11:14	-0.1	7:12	4:21	
11	Thu	5:31	5.3	5:47	5.3	11:39	0.4			7:12	4:22	
12	Fri	6:24	5.2	6:45	4.9	12:06	0.3	12:38	0.6	7:11	4:24	
13	Sat	7:17	5.1	7:44	4.7	12:59	0.5	1:39	0.7	7:11	4:25	
14	Sun	8:11	5.1	8:45	4.6	1:53	0.7	2:40	0.7	7:10	4:26	
15	Mon	9:05	5.1	9:42	4.6	2:49	0.9	3:38	0.6	7:10	4:27	
16	Tue	9:56	5.2	10:34	4.6	3:43	0.9	4:29	0.4	7:09	4:28	
17	Wed	10:42	5.3	11:20	4.7	4:31	0.9	5:15	0.3	7:08	4:30	
18	Thu	11:25	5.4			5:14	0.8	5:56	0.1	7:08	4:31	
19	Fri	12:03	4.8	12:05	5.6	5:54	0.7	6:35	0.0	7:07	4:32	
20	Sat	12:43	4.9	12:44	5.7	6:33	0.6	7:11	-0.1	7:06	4:34	
21	Sun	1:21	5.0	1:21	5.8	7:10	0.4	7:46	-0.2	7:06	4:35	
22	Mon	1:57	5.1	1:58	5.8	7:48	0.4	8:22	-0.3	7:05	4:36	
23	Tue	2:32	5.2	2:36	5.8	8:27	0.3	8:59	-0.3	7:04	4:37	
24	Wed	3:09	5.3	3:16	5.8	9:09	0.2	9:39	-0.3	7:03	4:39	
25	Thu	3:49	5.4	4:00	5.7	9:54	0.2	10:22	-0.2	7:02	4:40	
26	Fri	4:33	5.5	4:50	5.5	10:44	0.1	11:09	-0.1	7:01	4:42	
27	Sat	5:21	5.5	5:45	5.3	11:38	0.1			7:00	4:43	
28	Sun	6:15	5.6	6:46	5.1	12:01	0.0	12:37	0.1	6:59	4:44	
29	Mon	7:13	5.7	7:52	5.0	12:57	0.2	1:41	0.0	6:58	4:46	
30	Tue	8:16	5.8	9:02	5.0	1:58	0.3	2:50	-0.1	6:57	4:47	
31	Wed	9:21	5.9	10:09	5.1	3:03	0.3	3:57	-0.3	6:56	4:48	