

































## Swans Island, Burnt Coat Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:32	10.8	8:13	9.5	1:22	0.3	2:10	-0.7	7:08	4:06	
2	Wed	8:31	11.1	9:11	9.8	2:24	0.1	3:08	-1.1	7:08	4:06	
3	Thu	9:26	11.4	10:06	10.1	3:21	-0.2	4:03	-1.3	7:08	4:07	
4	Fri	10:20	11.5	10:57	10.3	4:16	-0.3	4:54	-1.4	7:08	4:08	
5	Sat	11:11	11.4	11:47	10.3	5:08	-0.4	5:44	-1.3	7:08	4:09	
6	Sun			12:01	11.2	5:59	-0.3	6:32	-1.0	7:08	4:10	
7	Mon	12:35	10.2	12:50	10.7	6:50	-0.1	7:19	-0.6	7:08	4:11	
8	Tue	1:23	10.0	1:39	10.2	7:40	0.2	8:06	-0.2	7:08	4:12	
9	Wed	2:11	9.7	2:29	9.6	8:31	0.5	8:54	0.3	7:07	4:14	
10	Thu	2:59	9.4	3:21	9.0	9:23	0.8	9:43	0.8	7:07	4:15	
11	Fri	3:50	9.1	4:16	8.5	10:17	1.1	10:34	1.2	7:07	4:16	
12	Sat	4:42	8.9	5:14	8.1	11:14	1.2	11:28	1.5	7:06	4:17	
13	Sun	5:37	8.9	6:13	7.9			12:12	1.2	7:06	4:18	
14	Mon	6:31	8.9	7:09	8.0	12:22	1.7	1:07	1.1	7:05	4:19	
15	Tue	7:23	9.1	8:00	8.1	1:16	1.6	1:59	0.9	7:05	4:21	
16	Wed	8:11	9.3	8:47	8.4	2:06	1.5	2:46	0.6	7:04	4:22	
17	Thu	8:55	9.7	9:29	8.7	2:52	1.2	3:29	0.3	7:04	4:23	
18	Fri	9:36	10.0	10:08	9.0	3:34	1.0	4:08	0.0	7:03	4:24	
19	Sat	10:15	10.2	10:45	9.3	4:14	0.7	4:46	-0.3	7:02	4:26	
20	Sun	10:53	10.5	11:23	9.6	4:53	0.5	5:23	-0.5	7:02	4:27	
21	Mon	11:33	10.6			5:32	0.2	6:00	-0.6	7:01	4:28	
22	Tue	12:01	9.9	12:14	10.6	6:13	0.1	6:40	-0.6	7:00	4:30	
23	Wed	12:41	10.1	12:57	10.4	6:57	-0.1	7:21	-0.5	6:59	4:31	
24	Thu	1:25	10.2	1:45	10.1	7:44	-0.1	8:07	-0.3	6:59	4:32	
25	Fri	2:12	10.3	2:37	9.7	8:36	-0.1	8:57	0.0	6:58	4:34	
26	Sat	3:05	10.2	3:35	9.3	9:34	0.0	9:53	0.3	6:57	4:35	
27	Sun	4:03	10.1	4:40	9.0	10:38	0.1	10:56	0.6	6:56	4:36	
28	Mon	5:07	10.1	5:50	8.8	11:46	0.1			6:55	4:38	
29	Tue	6:14	10.1	6:59	8.9	12:03	0.7	12:55	-0.1	6:54	4:39	
30	Wed	7:20	10.3	8:04	9.2	1:11	0.6	1:59	-0.4	6:53	4:40	
31	Thu	8:22	10.6	9:01	9.6	2:15	0.3	2:58	-0.7	6:52	4:42	