

































## Tenants Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:41	10.8	8:26	9.4	1:20	0.2	2:12	-0.8	7:11	4:09	
2	Wed	8:40	11.2	9:24	9.7	2:21	0.0	3:09	-1.2	7:11	4:10	
3	Thu	9:36	11.4	10:19	9.9	3:18	-0.2	4:04	-1.5	7:11	4:11	
4	Fri	10:30	11.5	11:11	10.1	4:13	-0.4	4:56	-1.6	7:11	4:12	
5	Sat	11:22	11.4			5:05	-0.5	5:45	-1.5	7:11	4:13	
6	Sun	12:01	10.1	12:12	11.1	5:56	-0.4	6:33	-1.2	7:10	4:14	
7	Mon	12:48	10.0	1:00	10.6	6:46	-0.2	7:19	-0.8	7:10	4:15	
8	Tue	1:36	9.8	1:49	10.1	7:37	0.1	8:05	-0.3	7:10	4:16	
9	Wed	2:24	9.6	2:40	9.4	8:29	0.5	8:52	0.3	7:10	4:17	
10	Thu	3:13	9.4	3:34	8.8	9:23	0.8	9:41	0.8	7:10	4:18	
11	Fri	4:03	9.1	4:29	8.3	10:19	1.1	10:31	1.3	7:09	4:19	
12	Sat	4:54	9.0	5:27	7.9	11:17	1.3	11:24	1.6	7:09	4:21	
13	Sun	5:48	8.9	6:27	7.8			12:17	1.3	7:08	4:22	
14	Mon	6:43	8.9	7:25	7.8	12:21	1.8	1:16	1.1	7:08	4:23	
15	Tue	7:36	9.1	8:17	8.0	1:17	1.8	2:08	0.9	7:07	4:24	
16	Wed	8:24	9.4	9:03	8.2	2:07	1.6	2:53	0.6	7:07	4:25	
17	Thu	9:08	9.7	9:46	8.5	2:51	1.3	3:34	0.2	7:06	4:27	
18	Fri	9:49	10.0	10:25	8.8	3:32	1.0	4:12	-0.1	7:06	4:28	
19	Sat	10:28	10.2	11:03	9.1	4:12	0.7	4:49	-0.4	7:05	4:29	
20	Sun	11:07	10.4	11:39	9.4	4:52	0.4	5:25	-0.6	7:04	4:31	
21	Mon	11:45	10.5			5:32	0.1	6:02	-0.8	7:03	4:32	
22	Tue	12:16	9.7	12:26	10.5	6:14	-0.1	6:41	-0.8	7:03	4:33	
23	Wed	12:55	10.0	1:08	10.3	6:58	-0.2	7:22	-0.7	7:02	4:34	
24	Thu	1:37	10.1	1:56	10.0	7:46	-0.3	8:08	-0.5	7:01	4:36	
25	Fri	2:24	10.2	2:49	9.6	8:38	-0.2	8:58	-0.2	7:00	4:37	
26	Sat	3:16	10.2	3:48	9.2	9:36	-0.1	9:53	0.1	6:59	4:38	
27	Sun	4:13	10.1	4:52	8.8	10:38	0.0	10:53	0.5	6:58	4:40	
28	Mon	5:16	10.1	6:02	8.7	11:46	0.0	11:59	0.6	6:57	4:41	
29	Tue	6:24	10.2	7:13	8.7			12:57	-0.1	6:56	4:43	
30	Wed	7:31	10.4	8:18	9.0	1:08	0.6	2:03	-0.4	6:55	4:44	
31	Thu	8:33	10.7	9:15	9.4	2:13	0.3	3:01	-0.8	6:54	4:45	