

Thomaston, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:19	10.2	3:47	10.8	9:25	-0.6	10:02	-0.6	5:25	8:00	
2	Mon	4:17	9.8	4:44	10.7	10:20	-0.3	11:03	-0.5	5:26	7:59	
3	Tue	5:21	9.5	5:48	10.6	11:19	0.1			5:27	7:58	
4	Wed	6:32	9.2	6:56	10.5	12:12	-0.3	12:26	0.4	5:28	7:57	
5	Thu	7:40	9.2	8:01	10.5	1:23	-0.3	1:36	0.5	5:29	7:55	
6	Fri	8:44	9.3	9:02	10.6	2:30	-0.4	2:43	0.5	5:30	7:54	
7	Sat	9:44	9.4	10:01	10.6	3:32	-0.5	3:46	0.4	5:31	7:53	
8	Sun	10:40	9.6	10:55	10.5	4:28	-0.6	4:42	0.3	5:32	7:51	
9	Mon	11:29	9.7	11:43	10.4	5:18	-0.6	5:31	0.2	5:33	7:50	
10	Tue			12:13	9.8	6:02	-0.5	6:15	0.2	5:35	7:48	
11	Wed	12:26	10.2	12:54	9.7	6:42	-0.3	6:55	0.3	5:36	7:47	
12	Thu	1:07	10.0	1:32	9.6	7:18	0.0	7:34	0.4	5:37	7:45	
13	Fri	1:47	9.6	2:10	9.5	7:53	0.3	8:12	0.5	5:38	7:44	
14	Sat	2:26	9.3	2:47	9.4	8:28	0.5	8:52	0.7	5:39	7:42	
15	Sun	3:07	9.0	3:26	9.2	9:05	0.8	9:34	0.8	5:40	7:41	
16	Mon	3:49	8.6	4:08	9.1	9:46	1.1	10:20	1.0	5:41	7:39	
17	Tue	4:37	8.2	4:55	8.9	10:30	1.4	11:11	1.2	5:43	7:38	
18	Wed	5:32	8.0	5:50	8.8	11:20	1.7			5:44	7:36	
19	Thu	6:34	7.8	6:50	8.8	12:10	1.3	12:17	1.9	5:45	7:35	
20	Fri	7:35	7.8	7:46	8.9	1:12	1.3	1:17	1.9	5:46	7:33	
21	Sat	8:29	8.0	8:38	9.1	2:09	1.1	2:13	1.7	5:47	7:31	
22	Sun	9:18	8.4	9:28	9.5	3:01	0.8	3:05	1.3	5:48	7:30	
23	Mon	10:05	8.8	10:16	9.8	3:48	0.4	3:55	0.9	5:49	7:28	
24	Tue	10:48	9.3	11:01	10.2	4:31	0.0	4:43	0.3	5:51	7:26	
25	Wed	11:30	9.9	11:46	10.6	5:13	-0.4	5:28	-0.3	5:52	7:25	
26	Thu			12:11	10.4	5:54	-0.7	6:14	-0.7	5:53	7:23	
27	Fri	12:31	10.8	12:54	10.9	6:37	-0.9	7:02	-1.1	5:54	7:21	
28	Sat	1:18	10.8	1:41	11.2	7:23	-1.0	7:53	-1.2	5:55	7:19	
29	Sun	2:09	10.6	2:32	11.2	8:13	-0.9	8:48	-1.2	5:56	7:18	
30	Mon	3:04	10.3	3:26	11.1	9:06	-0.6	9:45	-1.0	5:57	7:16	
31	Tue	4:03	9.9	4:26	10.8	10:02	-0.2	10:47	-0.7	5:59	7:14	