

































Thomaston, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:09	9.2	4:44	9.2	10:22	0.5	10:52	1.1	4:57	8:23	
2	Wed	5:03	8.7	5:35	9.1	11:10	0.9	11:50	1.2	4:58	8:23	
3	Thu	6:01	8.3	6:27	9.0			12:02	1.4	4:58	8:23	
4	Fri	7:00	8.1	7:19	8.9	12:49	1.2	12:55	1.7	4:59	8:22	
5	Sat	7:56	7.9	8:08	8.9	1:45	1.2	1:47	1.9	5:00	8:22	
6	Sun	8:49	7.8	8:55	9.0	2:38	1.1	2:36	2.0	5:00	8:22	
7	Mon	9:40	7.8	9:40	9.1	3:28	0.9	3:23	2.1	5:01	8:21	
8	Tue	10:27	7.9	10:24	9.2	4:15	0.8	4:07	2.0	5:02	8:21	
9	Wed	11:10	8.0	11:04	9.4	4:56	0.6	4:47	1.9	5:03	8:21	
10	Thu	11:49	8.2	11:42	9.6	5:32	0.4	5:25	1.7	5:03	8:20	
11	Fri			12:24	8.4	6:06	0.2	6:03	1.4	5:04	8:19	
12	Sat	12:19	9.7	1:00	8.7	6:41	0.0	6:44	1.1	5:05	8:19	
13	Sun	12:58	9.9	1:37	9.1	7:19	-0.2	7:29	0.8	5:06	8:18	
14	Mon	1:41	9.9	2:19	9.4	8:01	-0.2	8:18	0.5	5:07	8:18	
15	Tue	2:29	9.9	3:04	9.7	8:45	-0.2	9:10	0.3	5:08	8:17	
16	Wed	3:20	9.7	3:52	10.0	9:33	-0.1	10:04	0.1	5:09	8:16	
17	Thu	4:15	9.4	4:44	10.2	10:22	0.1	11:03	0.0	5:09	8:15	
18	Fri	5:16	9.1	5:42	10.3	11:17	0.4			5:10	8:15	
19	Sat	6:24	8.9	6:46	10.4	12:07	-0.1	12:17	0.6	5:11	8:14	
20	Sun	7:33	8.8	7:49	10.5	1:15	-0.2	1:21	0.8	5:12	8:13	
21	Mon	8:38	8.8	8:51	10.6	2:22	-0.4	2:26	0.9	5:13	8:12	
22	Tue	9:41	8.9	9:52	10.7	3:26	-0.5	3:30	0.8	5:14	8:11	
23	Wed	10:40	9.1	10:50	10.7	4:26	-0.7	4:32	0.7	5:15	8:10	
24	Thu	11:34	9.3	11:42	10.7	5:20	-0.8	5:27	0.5	5:16	8:09	
25	Fri			12:22	9.5	6:09	-0.8	6:17	0.5	5:17	8:08	
26	Sat	12:31	10.6	1:08	9.5	6:54	-0.6	7:04	0.5	5:18	8:07	
27	Sun	1:17	10.3	1:52	9.5	7:37	-0.4	7:51	0.5	5:19	8:06	
28	Mon	2:03	9.9	2:35	9.5	8:18	0.0	8:37	0.7	5:20	8:05	
29	Tue	2:48	9.5	3:16	9.4	8:58	0.4	9:22	0.8	5:22	8:04	
30	Wed	3:34	9.0	3:58	9.2	9:38	0.8	10:08	1.0	5:23	8:03	
31	Thu	4:20	8.6	4:42	9.0	10:19	1.2	10:57	1.1	5:24	8:02	