



Thomaston, ME - Jul 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 12:21 | 9.3 | 1:02 | 8.3 | 6:44 | 0.5 | 6:39 | 1.7 | 4:57 | 8:23 | ☉ |
| 2 | Thu | 12:54 | 9.3 | 1:35 | 8.4 | 7:15 | 0.4 | 7:17 | 1.6 | 4:58 | 8:23 | ☉ |
| 3 | Fri | 1:29 | 9.3 | 2:09 | 8.6 | 7:50 | 0.4 | 7:59 | 1.4 | 4:58 | 8:23 | ☉ |
| 4 | Sat | 2:09 | 9.3 | 2:47 | 8.8 | 8:28 | 0.4 | 8:44 | 1.2 | 4:59 | 8:23 | ☾ |
| 5 | Sun | 2:52 | 9.2 | 3:27 | 9.1 | 9:09 | 0.4 | 9:32 | 1.0 | 5:00 | 8:22 | ☾ |
| 6 | Mon | 3:39 | 9.0 | 4:10 | 9.3 | 9:53 | 0.5 | 10:23 | 0.8 | 5:00 | 8:22 | ☾ |
| 7 | Tue | 4:31 | 8.8 | 4:59 | 9.5 | 10:40 | 0.7 | 11:18 | 0.6 | 5:01 | 8:22 | ☾ |
| 8 | Wed | 5:29 | 8.6 | 5:54 | 9.8 | 11:32 | 0.8 | | | 5:02 | 8:21 | ☾ |
| 9 | Thu | 6:34 | 8.5 | 6:54 | 10.0 | 12:19 | 0.4 | 12:29 | 1.0 | 5:02 | 8:21 | ☾ |
| 10 | Fri | 7:40 | 8.6 | 7:54 | 10.3 | 1:23 | 0.1 | 1:29 | 1.0 | 5:03 | 8:20 | ☾ |
| 11 | Sat | 8:43 | 8.7 | 8:54 | 10.6 | 2:25 | -0.3 | 2:29 | 0.8 | 5:04 | 8:20 | ☾ |
| 12 | Sun | 9:45 | 9.0 | 9:55 | 10.9 | 3:28 | -0.6 | 3:31 | 0.6 | 5:05 | 8:19 | ☾ |
| 13 | Mon | 10:45 | 9.3 | 10:54 | 11.2 | 4:28 | -1.0 | 4:32 | 0.4 | 5:06 | 8:18 | ☾ |
| 14 | Tue | 11:40 | 9.7 | 11:50 | 11.3 | 5:24 | -1.2 | 5:30 | 0.1 | 5:07 | 8:18 | ☾ |
| 15 | Wed | | | 12:32 | 10.0 | 6:15 | -1.4 | 6:25 | -0.1 | 5:07 | 8:17 | ☾ |
| 16 | Thu | 12:43 | 11.2 | 1:23 | 10.2 | 7:05 | -1.3 | 7:20 | -0.2 | 5:08 | 8:16 | ☾ |
| 17 | Fri | 1:36 | 11.0 | 2:13 | 10.3 | 7:56 | -1.1 | 8:16 | -0.2 | 5:09 | 8:16 | ☾ |
| 18 | Sat | 2:30 | 10.6 | 3:04 | 10.3 | 8:45 | -0.7 | 9:11 | -0.1 | 5:10 | 8:15 | ☾ |
| 19 | Sun | 3:23 | 10.0 | 3:54 | 10.1 | 9:34 | -0.3 | 10:06 | 0.1 | 5:11 | 8:14 | ☾ |
| 20 | Mon | 4:17 | 9.5 | 4:45 | 9.9 | 10:24 | 0.3 | 11:02 | 0.4 | 5:12 | 8:13 | ☾ |
| 21 | Tue | 5:14 | 8.9 | 5:39 | 9.6 | 11:15 | 0.8 | | | 5:13 | 8:12 | ☾ |
| 22 | Wed | 6:15 | 8.4 | 6:35 | 9.3 | 12:02 | 0.7 | 12:11 | 1.3 | 5:14 | 8:11 | ☾ |
| 23 | Thu | 7:16 | 8.1 | 7:31 | 9.2 | 1:04 | 0.8 | 1:10 | 1.7 | 5:15 | 8:10 | ☾ |
| 24 | Fri | 8:13 | 7.9 | 8:24 | 9.1 | 2:03 | 0.9 | 2:07 | 1.9 | 5:16 | 8:10 | ☾ |
| 25 | Sat | 9:08 | 7.9 | 9:14 | 9.1 | 2:58 | 0.9 | 3:00 | 2.0 | 5:17 | 8:09 | ☉ |
| 26 | Sun | 9:59 | 7.9 | 10:03 | 9.1 | 3:50 | 0.9 | 3:50 | 2.0 | 5:18 | 8:07 | ☉ |
| 27 | Mon | 10:46 | 8.0 | 10:46 | 9.2 | 4:36 | 0.8 | 4:34 | 1.9 | 5:19 | 8:06 | ☉ |
| 28 | Tue | 11:27 | 8.1 | 11:25 | 9.3 | 5:16 | 0.6 | 5:12 | 1.8 | 5:20 | 8:05 | ☉ |
| 29 | Wed | | | 12:02 | 8.3 | 5:49 | 0.5 | 5:45 | 1.6 | 5:21 | 8:04 | ☉ |
| 30 | Thu | 12:00 | 9.4 | 12:34 | 8.6 | 6:19 | 0.4 | 6:18 | 1.3 | 5:22 | 8:03 | ☉ |
| 31 | Fri | 12:33 | 9.5 | 1:05 | 8.8 | 6:48 | 0.3 | 6:54 | 1.0 | 5:23 | 8:02 | ☉ |