

































## Thomaston, ME - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:38	10.2	9:15	9.6	2:24	0.5	3:04	-0.3	6:13	5:24	
2	Sat	9:34	10.3	10:06	9.8	3:23	0.3	3:55	-0.4	6:11	5:26	
3	Sun	10:24	10.3	10:50	10.0	4:14	0.0	4:40	-0.3	6:09	5:27	
4	Mon	11:08	10.1	11:30	10.0	4:58	-0.1	5:19	-0.2	6:07	5:28	
5	Tue	11:49	9.9			5:38	-0.1	5:54	0.1	6:06	5:30	
6	Wed	12:06	9.9	12:27	9.6	6:14	0.0	6:27	0.4	6:04	5:31	
7	Thu	12:42	9.8	1:05	9.3	6:50	0.2	7:00	0.7	6:02	5:32	
8	Fri	1:17	9.6	1:43	9.0	7:27	0.3	7:35	0.9	6:00	5:33	
9	Sat	1:53	9.4	2:22	8.6	8:07	0.6	8:15	1.2	5:59	5:35	
10	Sun	3:33	9.2	4:06	8.3	9:50	0.8	9:58	1.5	6:57	6:36	
11	Mon	4:17	9.0	4:56	7.9	10:37	1.1	10:46	1.8	6:55	6:37	
12	Tue	5:09	8.7	5:57	7.7	11:32	1.3	11:41	2.0	6:53	6:39	
13	Wed	6:11	8.6	7:02	7.7			12:35	1.4	6:51	6:40	
14	Thu	7:14	8.6	7:59	7.9	12:44	2.1	1:37	1.3	6:50	6:41	
15	Fri	8:12	8.8	8:51	8.3	1:46	1.9	2:31	1.1	6:48	6:42	
16	Sat	9:04	9.1	9:37	8.7	2:43	1.5	3:20	0.8	6:46	6:44	
17	Sun	9:54	9.4	10:21	9.3	3:34	0.9	4:05	0.4	6:44	6:45	
18	Mon	10:41	9.8	11:02	9.9	4:22	0.3	4:47	0.0	6:42	6:46	
19	Tue	11:26	10.2	11:43	10.5	5:08	-0.3	5:28	-0.3	6:41	6:47	
20	Wed			12:10	10.4	5:52	-0.9	6:10	-0.6	6:39	6:49	
21	Thu	12:25	11.0	12:55	10.5	6:38	-1.3	6:54	-0.7	6:37	6:50	
22	Fri	1:10	11.3	1:44	10.5	7:27	-1.5	7:42	-0.6	6:35	6:51	
23	Sat	1:59	11.4	2:37	10.2	8:20	-1.4	8:34	-0.4	6:33	6:52	
24	Sun	2:53	11.2	3:34	9.9	9:15	-1.2	9:30	-0.1	6:31	6:53	
25	Mon	3:51	10.9	4:36	9.5	10:15	-0.8	10:31	0.3	6:30	6:55	
26	Tue	4:55	10.4	5:44	9.3	11:21	-0.4	11:41	0.6	6:28	6:56	
27	Wed	6:07	10.1	6:55	9.2			12:34	-0.1	6:26	6:57	
28	Thu	7:19	9.9	8:01	9.3	12:59	0.8	1:44	0.0	6:24	6:58	
29	Fri	8:24	9.8	9:00	9.5	2:10	0.6	2:47	0.1	6:22	7:00	
30	Sat	9:24	9.8	9:54	9.7	3:13	0.4	3:43	0.1	6:20	7:01	
31	Sun	10:18	9.8	10:42	9.8	4:09	0.2	4:33	0.1	6:19	7:02	