






























Thomaston, ME - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:32	9.0	5:15	8.0	10:56	1.1	11:04	1.8	6:13	5:24	
2	Sun	5:34	8.8	6:18	7.9			12:01	1.3	6:11	5:25	
3	Mon	6:34	8.7	7:15	7.9	12:10	2.0	1:02	1.3	6:09	5:27	
4	Tue	7:29	8.8	8:07	8.1	1:11	1.9	1:56	1.2	6:08	5:28	
5	Wed	8:20	8.9	8:54	8.3	2:05	1.8	2:44	1.0	6:06	5:29	
6	Thu	9:07	9.1	9:36	8.6	2:53	1.5	3:26	0.8	6:04	5:31	
7	Fri	9:49	9.3	10:13	9.0	3:34	1.1	4:00	0.6	6:03	5:32	
8	Sat	10:26	9.5	10:45	9.4	4:10	0.8	4:31	0.4	6:01	5:33	
9	Sun			12:01	9.6	5:44	0.3	6:02	0.2	6:59	6:34	
10	Mon	12:17	9.8	12:36	9.8	6:20	-0.1	6:36	0.1	6:57	6:36	
11	Tue	12:51	10.1	1:15	9.9	7:00	-0.4	7:15	0.0	6:55	6:37	
12	Wed	1:29	10.4	1:57	9.8	7:44	-0.6	7:59	0.0	6:54	6:38	
13	Thu	2:13	10.6	2:45	9.7	8:32	-0.7	8:47	0.1	6:52	6:40	
14	Fri	3:02	10.6	3:38	9.5	9:24	-0.6	9:39	0.2	6:50	6:41	
15	Sat	3:56	10.5	4:38	9.2	10:20	-0.4	10:36	0.5	6:48	6:42	
16	Sun	4:58	10.2	5:46	9.0	11:23	-0.2	11:41	0.7	6:46	6:43	
17	Mon	6:09	10.1	7:00	9.1			12:34	-0.1	6:45	6:45	
18	Tue	7:23	10.1	8:07	9.4	12:55	0.7	1:46	-0.1	6:43	6:46	
19	Wed	8:30	10.2	9:08	9.8	2:09	0.4	2:52	-0.3	6:41	6:47	
20	Thu	9:32	10.4	10:05	10.2	3:16	0.1	3:51	-0.5	6:39	6:48	
21	Fri	10:29	10.5	10:56	10.5	4:16	-0.3	4:44	-0.6	6:37	6:49	
22	Sat	11:21	10.5	11:43	10.7	5:09	-0.7	5:31	-0.6	6:35	6:51	
23	Sun			12:08	10.4	5:56	-0.8	6:14	-0.4	6:34	6:52	
24	Mon	12:26	10.7	12:52	10.2	6:39	-0.8	6:53	-0.2	6:32	6:53	
25	Tue	1:07	10.6	1:35	9.9	7:21	-0.6	7:32	0.2	6:30	6:54	
26	Wed	1:47	10.3	2:17	9.5	8:02	-0.3	8:11	0.6	6:28	6:56	
27	Thu	2:27	10.0	3:00	9.1	8:43	0.0	8:51	0.9	6:26	6:57	
28	Fri	3:09	9.6	3:45	8.7	9:27	0.4	9:35	1.3	6:25	6:58	
29	Sat	3:54	9.2	4:33	8.3	10:12	0.7	10:22	1.6	6:23	6:59	
30	Sun	4:44	8.9	5:29	8.0	11:04	1.1	11:15	1.9	6:21	7:00	
31	Mon	5:43	8.6	6:31	7.9			12:03	1.3	6:19	7:02	