

































## Thomaston, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:09	9.2	2:37	8.4	8:23	0.8	8:32	1.4	6:13	5:24	
2	Mon	2:48	9.0	3:22	8.0	9:07	1.0	9:14	1.8	6:11	5:26	
3	Tue	3:32	8.8	4:14	7.7	9:56	1.2	10:02	2.1	6:09	5:27	
4	Wed	4:24	8.6	5:18	7.4	10:54	1.4	10:59	2.3	6:08	5:28	
5	Thu	5:27	8.5	6:25	7.4	11:59	1.5			6:06	5:29	
6	Fri	6:31	8.6	7:23	7.6	12:02	2.3	1:03	1.3	6:04	5:31	
7	Sat	7:29	8.9	8:16	8.0	1:04	2.2	1:58	1.0	6:02	5:32	
8	Sun	9:22	9.2	10:04	8.5	3:01	1.8	3:48	0.6	7:01	6:33	
9	Mon	10:13	9.6	10:47	9.1	3:54	1.2	4:32	0.2	6:59	6:35	
10	Tue	11:00	10.1	11:28	9.8	4:43	0.5	5:13	-0.2	6:57	6:36	
11	Wed	11:45	10.4			5:29	-0.2	5:53	-0.5	6:55	6:37	
12	Thu	12:08	10.4	12:30	10.6	6:14	-0.8	6:35	-0.7	6:53	6:38	
13	Fri	12:50	10.9	1:17	10.6	7:01	-1.2	7:19	-0.7	6:52	6:40	
14	Sat	1:34	11.2	2:07	10.4	7:51	-1.4	8:06	-0.5	6:50	6:41	
15	Sun	2:23	11.2	3:00	10.0	8:44	-1.3	8:57	-0.2	6:48	6:42	
16	Mon	3:16	11.1	3:57	9.6	9:40	-1.0	9:52	0.3	6:46	6:43	
17	Tue	4:14	10.7	5:01	9.1	10:41	-0.5	10:53	0.8	6:44	6:45	
18	Wed	5:19	10.2	6:13	8.7	11:51	-0.1			6:43	6:46	
19	Thu	6:33	9.8	7:26	8.6	12:05	1.1	1:07	0.2	6:41	6:47	
20	Fri	7:45	9.7	8:31	8.7	1:24	1.3	2:16	0.3	6:39	6:48	
21	Sat	8:49	9.7	9:30	9.0	2:35	1.2	3:18	0.2	6:37	6:50	
22	Sun	9:48	9.7	10:23	9.2	3:38	0.9	4:12	0.2	6:35	6:51	
23	Mon	10:41	9.7	11:09	9.4	4:32	0.7	4:59	0.2	6:33	6:52	
24	Tue	11:27	9.6	11:48	9.5	5:18	0.5	5:40	0.3	6:32	6:53	
25	Wed			12:07	9.5	5:58	0.4	6:14	0.5	6:30	6:54	
26	Thu	12:22	9.5	12:43	9.3	6:32	0.3	6:43	0.8	6:28	6:56	
27	Fri	12:53	9.5	1:17	9.1	7:03	0.3	7:10	1.0	6:26	6:57	
28	Sat	1:23	9.4	1:50	8.9	7:34	0.4	7:40	1.2	6:24	6:58	
29	Sun	1:53	9.3	2:25	8.6	8:08	0.5	8:14	1.4	6:23	6:59	
30	Mon	2:26	9.2	3:02	8.3	8:47	0.6	8:53	1.6	6:21	7:01	
31	Tue	3:05	9.1	3:44	8.0	9:30	0.8	9:37	1.8	6:19	7:02	