US HARBORS www.USHarbors.com

Vinalhaven, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:48	10.4	2:23	9.8	8:13	-0.4	8:30	0.5	4:56	8:22	
2	Fri	2:35	10.3	3:10	10.0	8:58	-0.4	9:21	0.4	4:56	8:21	
3	Sat	3:26	10.1	4:00	10.1	9:47	-0.3	10:16	0.3	4:57	8:21	
4	Sun	4:21	9.8	4:55	10.2	10:39	-0.1	11:15	0.2	4:58	8:21	
5	Mon	5:21	9.5	5:53	10.3	11:36	0.1			4:58	8:21	
6	Tue	6:25	9.3	6:53	10.4	12:18	0.1	12:36	0.2	4:59	8:20	
7	Wed	7:30	9.3	7:55	10.6	1:22	-0.1	1:38	0.3	5:00	8:20	
8	Thu	8:34	9.3	8:55	10.8	2:26	-0.3	2:40	0.3	5:00	8:20	
9	Fri	9:35	9.5	9:52	10.9	3:26	-0.6	3:40	0.2	5:01	8:19	
10	Sat	10:32	9.7	10:46	11.1	4:23	-0.8	4:36	0.1	5:02	8:19	
11	Sun	11:24	9.9	11:38	11.0	5:16	-0.9	5:29	0.0	5:03	8:18	
12	Mon			12:14	9.9	6:06	-0.9	6:20	0.1	5:03	8:17	
13	Tue	12:27	10.9	1:02	9.9	6:53	-0.8	7:09	0.2	5:04	8:17	
14	Wed	1:14	10.6	1:48	9.8	7:39	-0.5	7:57	0.4	5:05	8:16	
15	Thu	2:01	10.2	2:33	9.7	8:24	-0.2	8:44	0.7	5:06	8:16	
16	Fri	2:47	9.8	3:18	9.5	9:08	0.2	9:32	0.9	5:07	8:15	
17	Sat	3:35	9.3	4:04	9.3	9:52	0.6	10:21	1.1	5:08	8:14	
18	Sun	4:23	8.8	4:51	9.1	10:38	1.0	11:11	1.3	5:09	8:13	
19	Mon	5:14	8.4	5:40	8.9	11:25	1.3			5:10	8:12	
20	Tue	6:08	8.1	6:31	8.9	12:04	1.4	12:16	1.6	5:11	8:12	
21	Wed	7:04	8.0	7:23	8.9	12:59	1.4	1:08	1.7	5:12	8:11	
22	Thu	7:59	8.0	8:14	9.1	1:53	1.3	2:01	1.7	5:13	8:10	
23	Fri	8:51	8.1	9:03	9.4	2:44	1.0	2:51	1.6	5:14	8:09	
24	Sat	9:39	8.4	9:49	9.7	3:32	0.7	3:39	1.3	5:15	8:08	
25	Sun	10:24	8.8	10:33	10.1	4:17	0.3	4:24	1.0	5:16	8:07	
26	Mon	11:06	9.1	11:16	10.4	5:00	0.0	5:08	0.7	5:17	8:06	
27	Tue	11:48	9.5	11:59	10.6	5:41	-0.3	5:51	0.4	5:18	8:05	
28	Wed			12:30	9.9	6:23	-0.6	6:36	0.1	5:19	8:04	
29	Thu	12:43	10.7	1:14	10.2	7:05	-0.7	7:22	-0.1	5:20	8:03	
30	Fri	1:29	10.7	1:59	10.4	7:50	-0.7	8:11	-0.2	5:21	8:01	
31	Sat	2:18	10.6	2:47	10.5	8:36	-0.6	9:03	-0.2	5:22	8:00	