

Vinalhaven, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:14	9.3	1:25	10.0	7:18	0.6	7:48	-0.3	7:10	4:07	
2	Tue	1:58	9.4	2:13	9.8	8:06	0.5	8:33	-0.1	7:10	4:08	
3	Wed	2:46	9.5	3:06	9.4	9:00	0.5	9:23	0.1	7:10	4:09	
4	Thu	3:38	9.6	4:04	9.1	9:58	0.4	10:18	0.3	7:10	4:10	
5	Fri	4:35	9.7	5:09	8.8	11:01	0.3	11:18	0.5	7:10	4:11	
6	Sat	5:36	9.9	6:16	8.7			12:08	0.1	7:09	4:12	
7	Sun	6:39	10.0	7:24	8.7	12:22	0.7	1:14	-0.1	7:09	4:13	
8	Mon	7:42	10.3	8:27	9.0	1:27	0.6	2:17	-0.5	7:09	4:14	
9	Tue	8:42	10.6	9:25	9.2	2:28	0.4	3:15	-0.8	7:09	4:15	
10	Wed	9:38	10.8	10:18	9.5	3:26	0.2	4:09	-1.0	7:09	4:16	
11	Thu	10:30	10.9	11:08	9.6	4:21	0.1	5:00	-1.1	7:08	4:18	
12	Fri	11:20	10.8	11:56	9.6	5:12	0.0	5:48	-1.0	7:08	4:19	
13	Sat			12:09	10.6	6:01	0.1	6:34	-0.7	7:07	4:20	
14	Sun	12:42	9.6	12:55	10.2	6:49	0.2	7:19	-0.4	7:07	4:21	
15	Mon	1:27	9.4	1:42	9.7	7:37	0.5	8:03	0.1	7:06	4:22	
16	Tue	2:12	9.2	2:29	9.1	8:25	0.7	8:47	0.6	7:06	4:23	
17	Wed	2:58	9.0	3:18	8.6	9:14	1.0	9:33	1.0	7:05	4:25	
18	Thu	3:45	8.8	4:11	8.1	10:06	1.2	10:21	1.5	7:05	4:26	
19	Fri	4:35	8.6	5:08	7.7	11:01	1.4	11:13	1.8	7:04	4:27	
20	Sat	5:28	8.5	6:07	7.5	11:59	1.4			7:03	4:29	
21	Sun	6:23	8.5	7:05	7.5	12:08	1.9	12:56	1.3	7:03	4:30	
22	Mon	7:17	8.7	7:58	7.7	1:04	1.9	1:50	1.1	7:02	4:31	
23	Tue	8:07	8.9	8:47	7.9	1:56	1.7	2:39	0.7	7:01	4:32	
24	Wed	8:53	9.3	9:30	8.3	2:44	1.5	3:23	0.4	7:00	4:34	
25	Thu	9:36	9.7	10:10	8.7	3:28	1.1	4:04	0.0	6:59	4:35	
26	Fri	10:17	10.1	10:49	9.1	4:09	0.8	4:43	-0.3	6:58	4:37	
27	Sat	10:57	10.3	11:28	9.4	4:50	0.4	5:22	-0.6	6:57	4:38	
28	Sun	11:38	10.5			5:31	0.1	6:01	-0.7	6:56	4:39	
29	Mon	12:07	9.8	12:21	10.5	6:14	-0.1	6:41	-0.7	6:55	4:41	
30	Tue	12:49	10.0	1:06	10.3	6:59	-0.2	7:23	-0.6	6:54	4:42	
31	Wed	1:33	10.1	1:54	9.9	7:48	-0.3	8:09	-0.4	6:53	4:43	