

Vinalhaven, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:09	10.8	1:38	10.0	7:30	-0.9	7:48	-0.3	6:12	5:23	
2	Fri	1:58	10.6	2:33	9.5	8:24	-0.7	8:41	0.2	6:10	5:24	
3	Sat	2:53	10.2	3:34	8.9	9:24	-0.3	9:41	0.7	6:08	5:25	
4	Sun	3:55	9.8	4:42	8.4	10:30	0.1	10:48	1.1	6:07	5:27	
5	Mon	5:04	9.5	5:55	8.2	11:41	0.3			6:05	5:28	
6	Tue	6:17	9.4	7:05	8.3	12:01	1.2	12:52	0.3	6:03	5:29	
7	Wed	7:25	9.5	8:08	8.6	1:11	1.0	1:56	0.1	6:01	5:31	
8	Thu	8:26	9.7	9:02	9.0	2:14	0.7	2:52	-0.1	6:00	5:32	
9	Fri	9:19	9.9	9:49	9.4	3:10	0.4	3:41	-0.3	5:58	5:33	
10	Sat	10:07	10.0	10:31	9.6	3:58	0.1	4:25	-0.3	5:56	5:34	
11	Sun	10:49	10.0	11:10	9.8	4:42	-0.1	5:05	-0.2	5:54	5:36	
12	Mon	11:29	9.8	11:46	9.8	5:23	-0.2	5:42	0.0	5:52	5:37	
13	Tue			12:07	9.5	6:02	-0.1	6:17	0.3	5:51	5:38	
14	Wed	12:21	9.7	12:44	9.2	6:39	0.1	6:52	0.6	5:49	5:39	
15	Thu	12:56	9.5	1:22	8.8	7:16	0.3	7:27	1.0	5:47	5:41	
16	Fri	1:33	9.3	2:02	8.4	7:55	0.6	8:05	1.4	5:45	5:42	
17	Sat	2:12	9.0	2:45	8.0	8:38	0.9	8:48	1.7	5:43	5:43	
18	Sun	2:56	8.7	3:34	7.7	9:25	1.2	9:36	2.0	5:42	5:44	
19	Mon	3:47	8.4	4:29	7.5	10:18	1.4	10:31	2.1	5:40	5:46	
20	Tue	4:44	8.3	5:29	7.5	11:17	1.4	11:31	2.1	5:38	5:47	
21	Wed	5:45	8.4	6:29	7.7			12:17	1.3	5:36	5:48	
22	Thu	6:45	8.7	7:24	8.1	12:32	1.8	1:14	0.9	5:34	5:49	
23	Fri	7:40	9.2	8:14	8.8	1:29	1.3	2:05	0.4	5:32	5:51	
24	Sat	8:31	9.7	9:00	9.5	2:22	0.7	2:51	-0.1	5:31	5:52	
25	Sun	9:20	10.2	9:44	10.2	3:11	0.0	3:36	-0.5	5:29	5:53	
26	Mon	10:07	10.5	10:27	10.8	3:58	-0.7	4:20	-0.8	5:27	5:54	
27	Tue	10:54	10.7	11:12	11.1	4:45	-1.2	5:04	-0.9	5:25	5:55	
28	Wed	11:42	10.7	11:58	11.3	5:33	-1.5	5:50	-0.8	5:23	5:57	
29	Thu			12:32	10.4	6:22	-1.5	6:38	-0.5	5:21	5:58	
30	Fri	12:47	11.2	1:24	10.0	7:14	-1.3	7:30	-0.1	5:20	5:59	
31	Sat	1:40	10.8	2:21	9.5	8:10	-0.9	8:27	0.4	5:18	6:00	