US HARBORS www.USHarbors.com

Vinalhaven, ME - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:00	10.1	11:14	11.6	4:51	-1.2	5:03	-0.2	4:56	8:22	
2	Sun	11:55	10.3			5:45	-1.5	5:58	-0.3	4:57	8:21	
3	Mon	12:08	11.7	12:49	10.4	6:39	-1.6	6:54	-0.3	4:57	8:21	
4	Tue	1:04	11.6	1:45	10.4	7:34	-1.5	7:51	-0.2	4:58	8:21	
5	Wed	2:00	11.3	2:41	10.3	8:29	-1.3	8:50	-0.1	4:58	8:21	
6	Thu	2:57	10.9	3:37	10.2	9:25	-0.9	9:49	0.2	4:59	8:20	
7	Fri	3:56	10.4	4:35	10.0	10:21	-0.5	10:50	0.4	5:00	8:20	
8	Sat	4:57	9.8	5:33	9.8	11:18	0.0	11:52	0.5	5:01	8:19	
9	Sun	5:59	9.3	6:31	9.7			12:16	0.4	5:01	8:19	
10	Mon	7:01	9.0	7:28	9.6	12:54	0.6	1:13	0.8	5:02	8:18	
11	Tue	8:01	8.7	8:22	9.6	1:53	0.6	2:08	1.0	5:03	8:18	
12	Wed	8:57	8.7	9:12	9.7	2:48	0.5	3:00	1.1	5:04	8:17	
13	Thu	9:47	8.7	9:58	9.7	3:39	0.4	3:49	1.2	5:05	8:17	
14	Fri	10:33	8.7	10:40	9.8	4:26	0.3	4:34	1.2	5:05	8:16	
15	Sat	11:16	8.8	11:21	9.8	5:08	0.3	5:15	1.2	5:06	8:15	
16	Sun	11:55	8.8	11:59	9.8	5:48	0.2	5:54	1.2	5:07	8:15	
17	Mon			12:32	8.9	6:26	0.2	6:32	1.2	5:08	8:14	
18	Tue	12:36	9.8	1:08	8.9	7:02	0.3	7:09	1.3	5:09	8:13	
19	Wed	1:12	9.7	1:44	8.9	7:37	0.3	7:46	1.3	5:10	8:12	
20	Thu	1:49	9.7	2:21	9.0	8:13	0.4	8:24	1.2	5:11	8:11	
21	Fri	2:28	9.5	2:59	9.1	8:49	0.4	9:05	1.2	5:12	8:11	
22	Sat	3:09	9.4	3:40	9.2	9:29	0.5	9:50	1.1	5:13	8:10	
23	Sun	3:54	9.2	4:25	9.4	10:11	0.5	10:40	1.0	5:14	8:09	
24	Mon	4:44	9.1	5:14	9.5	10:59	0.6	11:34	0.8	5:15	8:08	
25	Tue	5:40	8.9	6:08	9.8	11:51	0.7			5:16	8:07	
26	Wed	6:41	8.9	7:06	10.1	12:33	0.5	12:48	0.7	5:17	8:06	
27	Thu	7:44	9.0	8:06	10.4	1:35	0.2	1:49	0.5	5:18	8:05	
28	Fri	8:46	9.3	9:05	10.8	2:37	-0.3	2:50	0.3	5:19	8:03	
29	Sat	9:46	9.6	10:03	11.2	3:36	-0.7	3:50	0.0	5:20	8:02	
30	Sun	10:43	10.0	10:59	11.5	4:34	-1.1	4:48	-0.2	5:21	8:01	
31	Mon	11:38	10.3	11:54	11.6	5:29	-1.4	5:44	-0.5	5:22	8:00	