US HARBORS www.USHarbors.com

Vinalhaven, ME - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:23**	8.2	**7:09**	7.4	**12:10**	2.2	**12:57**	1.4	6:11	5:24	
2	Tue	**7:20**	8.5	**8:02**	7.7	**1:09**	2.0	**1:52**	1.1	6:09	5:25	
3	Wed	**8:12**	8.8	**8:49**	8.1	**2:02**	1.7	**2:40**	0.7	6:07	5:26	
4	Thu	**8:58**	9.2	**9:30**	8.6	**2:49**	1.3	**3:24**	0.4	6:05	5:27	
5	Fri	**9:40**	9.7	**10:09**	9.0	**3:32**	0.9	**4:03**	0.0	6:04	5:29	
6	Sat	**10:20**	10.0	**10:46**	9.5	**4:13**	0.4	**4:40**	-0.3	6:02	5:30	
7	Sun	**11:00**	10.3	**11:23**	9.9	**4:52**	0.0	**5:17**	-0.5	6:00	5:31	
8	Mon	**11:40**	10.3			**5:33**	-0.3	**5:55**	-0.6	5:58	5:33	
9	Tue	**12:02**	10.2	**12:23**	10.3	**6:15**	-0.6	**6:35**	-0.5	5:57	5:34	
10	Wed	**12:43**	10.4	**1:08**	10.0	**7:00**	-0.7	**7:18**	-0.3	5:55	5:35	
11	Thu	**1:27**	10.4	**1:57**	9.6	**7:49**	-0.6	**8:05**	0.1	5:53	5:36	
12	Fri	**2:16**	10.3	**2:52**	9.1	**8:42**	-0.4	**8:59**	0.5	5:51	5:38	
13	Sat	**3:11**	10.0	**3:54**	8.7	**9:43**	-0.1	**10:00**	1.0	5:50	5:39	
14	Sun	**4:14**	9.6	**5:04**	8.3	**10:50**	0.2	**11:09**	1.2	5:48	5:40	
15	Mon	**5:25**	9.4	**6:17**	8.3			**12:02**	0.3	5:46	5:41	
16	Tue	**6:37**	9.4	**7:26**	8.5	**12:23**	1.2	**1:12**	0.2	5:44	5:43	
17	Wed	**7:45**	9.7	**8:27**	8.9	**1:33**	0.9	**2:15**	-0.1	5:42	5:44	
18	Thu	**8:45**	10.0	**9:21**	9.4	**2:35**	0.5	**3:11**	-0.4	5:40	5:45	
19	Fri	**9:38**	10.2	**10:08**	9.7	**3:29**	0.1	**4:00**	-0.5	5:39	5:46	
20	Sat	**10:26**	10.3	**10:51**	10.0	**4:18**	-0.2	**4:44**	-0.5	5:37	5:48	
21	Sun	**11:11**	10.2	**11:31**	10.0	**5:04**	-0.4	**5:25**	-0.4	5:35	5:49	
22	Mon	**11:52**	10.0			**5:46**	-0.4	**6:04**	-0.1	5:33	5:50	
23	Tue	**12:09**	10.0	**12:33**	9.6	**6:27**	-0.2	**6:42**	0.3	5:31	5:51	
24	Wed	**12:47**	9.8	**1:14**	9.2	**7:07**	0.0	**7:20**	0.8	5:30	5:52	
25	Thu	**1:25**	9.5	**1:55**	8.7	**7:48**	0.3	**7:59**	1.2	5:28	5:54	
26	Fri	**2:05**	9.2	**2:39**	8.3	**8:31**	0.7	**8:42**	1.6	5:26	5:55	
27	Sat	**2:48**	8.8	**3:28**	7.9	**9:18**	1.1	**9:29**	2.0	5:24	5:56	
28	Sun	**3:38**	8.5	**4:22**	7.6	**10:10**	1.4	**10:24**	2.2	5:22	5:57	
29	Mon	**4:34**	8.2	**5:22**	7.4	**11:08**	1.5	**11:24**	2.3	5:20	5:59	
30	Tue	**5:35**	8.2	**6:22**	7.5			**12:08**	1.5	5:19	6:00	
31	Wed	**6:35**	8.4	**7:17**	7.8	**12:24**	2.1	**1:05**	1.2	5:17	6:01	