

































Vinalhaven, ME - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:07	10.0	1:34	9.3	7:27	-0.2	7:41	0.3	6:11	5:23	
2	Mon	1:51	10.0	2:22	9.0	8:14	-0.1	8:28	0.6	6:09	5:25	
3	Tue	2:40	9.8	3:17	8.6	9:08	0.1	9:22	0.9	6:08	5:26	
4	Wed	3:37	9.6	4:21	8.3	10:10	0.3	10:26	1.1	6:06	5:27	
5	Thu	4:43	9.5	5:32	8.2	11:20	0.4	11:37	1.2	6:04	5:28	
6	Fri	5:55	9.5	6:44	8.4			12:31	0.2	6:02	5:30	
7	Sat	7:06	9.7	7:50	8.9	12:50	0.9	1:38	-0.1	6:01	5:31	
8	Sun	9:10	10.1	9:48	9.5	1:57	0.4	3:38	-0.5	6:59	6:32	
9	Mon	10:08	10.5	10:40	10.0	3:57	-0.1	4:31	-0.9	6:57	6:34	
10	Tue	11:01	10.7	11:28	10.4	4:51	-0.6	5:20	-1.0	6:55	6:35	
11	Wed	11:50	10.8			5:41	-0.9	6:06	-1.0	6:53	6:36	
12	Thu	12:13	10.6	12:37	10.6	6:29	-1.0	6:50	-0.8	6:52	6:37	
13	Fri	12:56	10.6	1:22	10.2	7:15	-0.9	7:33	-0.4	6:50	6:39	
14	Sat	1:39	10.4	2:07	9.7	8:00	-0.6	8:16	0.2	6:48	6:40	
15	Sun	2:22	10.0	2:53	9.1	8:46	-0.2	9:00	0.7	6:46	6:41	
16	Mon	3:06	9.6	3:41	8.6	9:33	0.3	9:46	1.2	6:44	6:42	
17	Tue	3:54	9.1	4:33	8.1	10:23	0.8	10:37	1.7	6:43	6:44	
18	Wed	4:46	8.7	5:29	7.7	11:18	1.2	11:33	2.0	6:41	6:45	
19	Thu	5:45	8.4	6:30	7.5			12:18	1.4	6:39	6:46	
20	Fri	6:46	8.2	7:30	7.5	12:34	2.1	1:18	1.5	6:37	6:47	
21	Sat	7:46	8.3	8:25	7.8	1:35	2.0	2:14	1.3	6:35	6:49	
22	Sun	8:39	8.6	9:13	8.2	2:30	1.7	3:03	1.0	6:34	6:50	
23	Mon	9:27	8.9	9:55	8.6	3:19	1.3	3:47	0.7	6:32	6:51	
24	Tue	10:10	9.2	10:33	9.1	4:03	0.9	4:26	0.4	6:30	6:52	
25	Wed	10:50	9.5	11:09	9.6	4:44	0.4	5:03	0.2	6:28	6:53	
26	Thu	11:29	9.7	11:44	10.0	5:22	0.0	5:39	0.0	6:26	6:55	
27	Fri			12:08	9.8	6:01	-0.3	6:15	0.0	6:24	6:56	
28	Sat	12:21	10.3	12:48	9.8	6:41	-0.6	6:54	0.0	6:23	6:57	
29	Sun	1:00	10.5	1:31	9.7	7:23	-0.7	7:35	0.2	6:21	6:58	
30	Mon	1:43	10.5	2:18	9.4	8:09	-0.6	8:22	0.4	6:19	7:00	
31	Tue	2:31	10.3	3:10	9.1	9:00	-0.4	9:13	0.7	6:17	7:01	