US HARBORS www.USHarbors.com

Vinalhaven, ME - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:56	8.9	7:20	9.8	12:48	0.5	1:04	0.9	4:56	8:22	
2	Thu	7:57	8.6	8:15	9.7	1:49	0.5	2:01	1.2	4:56	8:22	
3	Fri	8:55	8.5	9:07	9.7	2:46	0.4	2:55	1.3	4:57	8:21	
4	Sat	9:47	8.5	9:55	9.7	3:38	0.4	3:46	1.4	4:58	8:21	
5	Sun	10:35	8.5	10:40	9.8	4:26	0.3	4:33	1.4	4:58	8:21	
6	Mon	11:18	8.6	11:21	9.8	5:10	0.3	5:15	1.4	4:59	8:20	
7	Tue	11:57	8.7			5:51	0.3	5:55	1.4	5:00	8:20	
8	Wed	12:00	9.8	12:35	8.7	6:28	0.3	6:34	1.4	5:00	8:20	
9	Thu	12:38	9.7	1:11	8.8	7:04	0.4	7:11	1.4	5:01	8:19	
10	Fri	1:14	9.6	1:46	8.9	7:39	0.4	7:48	1.4	5:02	8:19	
11	Sat	1:51	9.5	2:22	8.9	8:14	0.5	8:26	1.4	5:03	8:18	
12	Sun	2:29	9.3	2:58	9.0	8:49	0.6	9:06	1.3	5:04	8:17	
13	Mon	3:09	9.1	3:37	9.1	9:26	0.7	9:50	1.2	5:04	8:17	
14	Tue	3:52	8.9	4:20	9.3	10:06	0.8	10:37	1.1	5:05	8:16	
15	Wed	4:41	8.7	5:07	9.4	10:51	1.0	11:30	1.0	5:06	8:16	
16	Thu	5:35	8.5	6:00	9.6	11:42	1.1			5:07	8:15	
17	Fri	6:35	8.4	6:57	9.8	12:28	0.8	12:38	1.1	5:08	8:14	
18	Sat	7:38	8.5	7:57	10.1	1:30	0.5	1:39	1.1	5:09	8:13	
19	Sun	8:41	8.7	8:58	10.5	2:32	0.1	2:41	0.8	5:10	8:13	
20	Mon	9:42	9.1	9:57	11.0	3:32	-0.4	3:42	0.5	5:11	8:12	
21	Tue	10:39	9.6	10:54	11.3	4:30	-0.8	4:41	0.1	5:12	8:11	
22	Wed	11:34	10.0	11:49	11.5	5:25	-1.2	5:38	-0.2	5:13	8:10	
23	Thu			12:27	10.3	6:18	-1.4	6:34	-0.4	5:14	8:09	
24	Fri	12:44	11.5	1:20	10.6	7:10	-1.4	7:30	-0.5	5:15	8:08	
25	Sat	1:38	11.2	2:12	10.6	8:02	-1.1	8:25	-0.4	5:16	8:07	
26	Sun	2:32	10.8	3:04	10.5	8:53	-0.8	9:21	-0.2	5:17	8:06	
27	Mon	3:28	10.2	3:58	10.3	9:45	-0.2	10:19	0.1	5:18	8:05	
28	Tue	4:26	9.5	4:53	10.0	10:39	0.3	11:18	0.4	5:19	8:04	
29	Wed	5:26	9.0	5:49	9.7	11:35	0.9			5:20	8:03	
30	Thu	6:27	8.5	6:47	9.4	12:19	0.6	12:33	1.3	5:21	8:01	
31	Fri	7:29	8.2	7:45	9.3	1:19	0.8	1:31	1.6	5:22	8:00	