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# Vinalhaven, ME - Mar 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **11:00** | 11.4 | **11:26** | 11.2 | **4:51** | -1.4 | **5:18** | -1.6 | 6:11 | 5:23 | |
| 2 | Tue | **11:51** | 11.2 | | | **5:42** | -1.6 | **6:06** | -1.4 | 6:10 | 5:24 | |
| 3 | Wed | **12:14** | 11.2 | **12:41** | 10.8 | **6:33** | -1.5 | **6:54** | -1.0 | 6:08 | 5:26 | |
| 4 | Thu | **1:03** | 11.0 | **1:33** | 10.2 | **7:25** | -1.2 | **7:44** | -0.4 | 6:06 | 5:27 | |
| 5 | Fri | **1:53** | 10.6 | **2:27** | 9.6 | **8:18** | -0.7 | **8:36** | 0.2 | 6:05 | 5:28 | |
| 6 | Sat | **2:45** | 10.0 | **3:24** | 8.9 | **9:14** | -0.1 | **9:31** | 0.8 | 6:03 | 5:29 | |
| 7 | Sun | **3:42** | 9.5 | **4:25** | 8.3 | **10:14** | 0.4 | **10:32** | 1.3 | 6:01 | 5:31 | |
| 8 | Mon | **4:44** | 9.0 | **5:30** | 7.9 | **11:17** | 0.8 | **11:36** | 1.6 | 5:59 | 5:32 | |
| 9 | Tue | **5:49** | 8.7 | **6:34** | 7.8 | | | **12:21** | 1.0 | 5:57 | 5:33 | |
| 10 | Wed | **6:52** | 8.6 | **7:32** | 7.9 | **12:39** | 1.7 | **1:21** | 1.0 | 5:56 | 5:35 | |
| 11 | Thu | **7:48** | 8.8 | **8:23** | 8.2 | **1:37** | 1.5 | **2:13** | 0.9 | 5:54 | 5:36 | |
| 12 | Fri | **8:38** | 9.0 | **9:07** | 8.5 | **2:29** | 1.2 | **2:59** | 0.6 | 5:52 | 5:37 | |
| 13 | Sat | **9:21** | 9.2 | **9:45** | 8.9 | **3:14** | 0.9 | **3:39** | 0.5 | 5:50 | 5:38 | |
| 14 | Sun | **11:00** | 9.3 | **11:20** | 9.1 | **4:54** | 0.6 | **5:15** | 0.4 | 6:49 | 6:40 | |
| 15 | Mon | **11:36** | 9.4 | **11:53** | 9.4 | **5:31** | 0.4 | **5:49** | 0.3 | 6:47 | 6:41 | |
| 16 | Tue | | | **12:11** | 9.4 | **6:06** | 0.2 | **6:21** | 0.3 | 6:45 | 6:42 | |
| 17 | Wed | **12:25** | 9.5 | **12:45** | 9.4 | **6:40** | 0.1 | **6:52** | 0.4 | 6:43 | 6:43 | |
| 18 | Thu | **12:57** | 9.7 | **1:20** | 9.2 | **7:14** | 0.1 | **7:25** | 0.6 | 6:41 | 6:45 | |
| 19 | Fri | **1:31** | 9.7 | **1:57** | 9.1 | **7:51** | 0.1 | **8:01** | 0.7 | 6:39 | 6:46 | |
| 20 | Sat | **2:08** | 9.7 | **2:38** | 8.9 | **8:31** | 0.2 | **8:41** | 0.9 | 6:38 | 6:47 | |
| 21 | Sun | **2:50** | 9.6 | **3:24** | 8.6 | **9:16** | 0.3 | **9:28** | 1.1 | 6:36 | 6:48 | |
| 22 | Mon | **3:39** | 9.5 | **4:18** | 8.4 | **10:08** | 0.4 | **10:22** | 1.2 | 6:34 | 6:49 | |
| 23 | Tue | **4:36** | 9.4 | **5:20** | 8.3 | **11:08** | 0.5 | **11:25** | 1.3 | 6:32 | 6:51 | |
| 24 | Wed | **5:40** | 9.3 | **6:27** | 8.4 | | | **12:14** | 0.4 | 6:30 | 6:52 | |
| 25 | Thu | **6:50** | 9.5 | **7:35** | 8.7 | **12:34** | 1.1 | **1:22** | 0.2 | 6:29 | 6:53 | |
| 26 | Fri | **7:58** | 9.8 | **8:37** | 9.3 | **1:44** | 0.7 | **2:25** | -0.2 | 6:27 | 6:54 | |
| 27 | Sat | **9:01** | 10.2 | **9:34** | 10.0 | **2:49** | 0.1 | **3:23** | -0.6 | 6:25 | 6:56 | |
| 28 | Sun | **9:58** | 10.6 | **10:26** | 10.6 | **3:48** | -0.6 | **4:17** | -0.9 | 6:23 | 6:57 | |
| 29 | Mon | **10:52** | 10.8 | **11:15** | 11.1 | **4:43** | -1.1 | **5:07** | -1.1 | 6:21 | 6:58 | |
| 30 | Tue | **11:43** | 10.9 | | | **5:34** | -1.5 | **5:55** | -1.1 | 6:19 | 6:59 | |
| 31 | Wed | **12:03** | 11.3 | **12:33** | 10.7 | **6:24** | -1.6 | **6:42** | -0.8 | 6:18 | 7:00 | |