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# Vinalhaven, ME - Aug 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:21 | 8.7 | 3:44 | 9.1 | 9:33 | 1.1 | 10:02 | 1.3 | 5:23 | 7:59 | |
| 2 | Mon | 4:05 | 8.4 | 4:27 | 9.1 | 10:14 | 1.3 | 10:50 | 1.3 | 5:24 | 7:58 | |
| 3 | Tue | 4:54 | 8.2 | 5:16 | 9.1 | 11:00 | 1.5 | 11:43 | 1.3 | 5:25 | 7:57 | |
| 4 | Wed | 5:49 | 8.0 | 6:10 | 9.2 | 11:52 | 1.6 | | | 5:26 | 7:56 | |
| 5 | Thu | 6:49 | 8.0 | 7:08 | 9.4 | 12:41 | 1.1 | 12:50 | 1.6 | 5:27 | 7:54 | |
| 6 | Fri | 7:51 | 8.2 | 8:08 | 9.8 | 1:42 | 0.8 | 1:50 | 1.4 | 5:29 | 7:53 | |
| 7 | Sat | 8:50 | 8.6 | 9:06 | 10.3 | 2:42 | 0.3 | 2:51 | 1.0 | 5:30 | 7:52 | |
| 8 | Sun | 9:47 | 9.1 | 10:02 | 10.8 | 3:38 | -0.2 | 3:48 | 0.5 | 5:31 | 7:50 | |
| 9 | Mon | 10:39 | 9.7 | 10:55 | 11.2 | 4:31 | -0.7 | 4:44 | -0.1 | 5:32 | 7:49 | |
| 10 | Tue | 11:30 | 10.3 | 11:48 | 11.5 | 5:22 | -1.1 | 5:38 | -0.5 | 5:33 | 7:47 | |
| 11 | Wed | | | 12:21 | 10.7 | 6:12 | -1.4 | 6:31 | -0.8 | 5:34 | 7:46 | |
| 12 | Thu | 12:40 | 11.5 | 1:11 | 11.0 | 7:02 | -1.4 | 7:25 | -1.0 | 5:35 | 7:44 | |
| 13 | Fri | 1:33 | 11.2 | 2:02 | 11.1 | 7:52 | -1.2 | 8:19 | -0.9 | 5:37 | 7:43 | |
| 14 | Sat | 2:27 | 10.8 | 2:54 | 11.0 | 8:43 | -0.8 | 9:16 | -0.7 | 5:38 | 7:41 | |
| 15 | Sun | 3:23 | 10.2 | 3:49 | 10.7 | 9:36 | -0.3 | 10:14 | -0.3 | 5:39 | 7:40 | |
| 16 | Mon | 4:23 | 9.6 | 4:47 | 10.3 | 10:33 | 0.3 | 11:16 | 0.0 | 5:40 | 7:38 | |
| 17 | Tue | 5:26 | 9.0 | 5:48 | 9.9 | 11:33 | 0.8 | | | 5:41 | 7:37 | |
| 18 | Wed | 6:31 | 8.6 | 6:52 | 9.6 | 12:20 | 0.3 | 12:37 | 1.2 | 5:42 | 7:35 | |
| 19 | Thu | 7:36 | 8.4 | 7:54 | 9.5 | 1:24 | 0.5 | 1:40 | 1.3 | 5:43 | 7:34 | |
| 20 | Fri | 8:36 | 8.4 | 8:52 | 9.5 | 2:26 | 0.6 | 2:39 | 1.3 | 5:45 | 7:32 | |
| 21 | Sat | 9:30 | 8.5 | 9:43 | 9.6 | 3:21 | 0.5 | 3:33 | 1.2 | 5:46 | 7:30 | |
| 22 | Sun | 10:17 | 8.7 | 10:29 | 9.7 | 4:09 | 0.4 | 4:21 | 1.0 | 5:47 | 7:29 | |
| 23 | Mon | 10:59 | 8.9 | 11:10 | 9.7 | 4:52 | 0.3 | 5:03 | 0.9 | 5:48 | 7:27 | |
| 24 | Tue | 11:36 | 9.1 | 11:48 | 9.7 | 5:31 | 0.3 | 5:43 | 0.8 | 5:49 | 7:25 | |
| 25 | Wed | | | 12:11 | 9.2 | 6:06 | 0.3 | 6:19 | 0.7 | 5:50 | 7:24 | |
| 26 | Thu | 12:23 | 9.6 | 12:44 | 9.3 | 6:39 | 0.4 | 6:55 | 0.7 | 5:51 | 7:22 | |
| 27 | Fri | 12:58 | 9.5 | 1:17 | 9.4 | 7:11 | 0.6 | 7:30 | 0.8 | 5:53 | 7:20 | |
| 28 | Sat | 1:33 | 9.2 | 1:50 | 9.4 | 7:44 | 0.8 | 8:05 | 0.8 | 5:54 | 7:18 | |
| 29 | Sun | 2:09 | 9.0 | 2:25 | 9.3 | 8:17 | 1.0 | 8:43 | 0.9 | 5:55 | 7:17 | |
| 30 | Mon | 2:48 | 8.7 | 3:04 | 9.3 | 8:54 | 1.2 | 9:26 | 1.0 | 5:56 | 7:15 | |
| 31 | Tue | 3:31 | 8.5 | 3:48 | 9.2 | 9:36 | 1.4 | 10:13 | 1.0 | 5:57 | 7:13 | |