

































## Vinalhaven, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:23	9.5	6:57	8.6	12:06	0.6	12:49	0.4	7:10	4:07	
2	Mon	7:18	9.6	7:56	8.6	1:04	0.8	1:47	0.2	7:10	4:08	
3	Tue	8:10	9.6	8:48	8.5	1:58	1.0	2:40	0.1	7:10	4:09	
4	Wed	8:58	9.7	9:36	8.6	2:48	1.0	3:27	0.0	7:10	4:10	
5	Thu	9:42	9.7	10:18	8.6	3:34	1.1	4:11	0.0	7:10	4:11	
6	Fri	10:23	9.7	10:58	8.6	4:16	1.1	4:51	0.0	7:09	4:12	
7	Sat	11:01	9.7	11:35	8.6	4:56	1.1	5:29	0.1	7:09	4:13	
8	Sun	11:38	9.7			5:33	1.1	6:06	0.2	7:09	4:14	
9	Mon	12:11	8.6	12:15	9.5	6:10	1.2	6:41	0.3	7:09	4:15	
10	Tue	12:47	8.5	12:51	9.4	6:46	1.3	7:16	0.4	7:08	4:16	
11	Wed	1:23	8.5	1:29	9.2	7:24	1.3	7:52	0.6	7:08	4:17	
12	Thu	2:00	8.5	2:09	8.9	8:04	1.4	8:29	0.7	7:08	4:19	
13	Fri	2:40	8.6	2:52	8.6	8:48	1.4	9:10	0.9	7:07	4:20	
14	Sat	3:23	8.7	3:41	8.4	9:36	1.3	9:55	1.0	7:07	4:21	
15	Sun	4:11	8.8	4:36	8.2	10:30	1.2	10:46	1.2	7:06	4:22	
16	Mon	5:03	9.0	5:37	8.1	11:29	1.0	11:43	1.2	7:06	4:23	
17	Tue	6:00	9.2	6:41	8.2			12:31	0.6	7:05	4:25	
18	Wed	7:00	9.6	7:43	8.5	12:43	1.1	1:33	0.1	7:05	4:26	
19	Thu	7:59	10.1	8:43	8.9	1:43	0.8	2:33	-0.4	7:04	4:27	
20	Fri	8:56	10.7	9:39	9.3	2:43	0.5	3:29	-0.9	7:03	4:28	
21	Sat	9:52	11.1	10:32	9.7	3:40	0.1	4:23	-1.3	7:03	4:30	
22	Sun	10:46	11.4	11:25	10.1	4:35	-0.3	5:16	-1.6	7:02	4:31	
23	Mon	11:39	11.5			5:29	-0.6	6:08	-1.6	7:01	4:32	
24	Tue	12:16	10.3	12:33	11.3	6:23	-0.6	6:59	-1.5	7:00	4:34	
25	Wed	1:08	10.3	1:27	10.9	7:18	-0.6	7:50	-1.1	6:59	4:35	
26	Thu	2:01	10.2	2:22	10.3	8:15	-0.4	8:43	-0.6	6:58	4:36	
27	Fri	2:55	10.0	3:20	9.6	9:13	-0.1	9:37	0.0	6:57	4:38	
28	Sat	3:50	9.7	4:21	8.9	10:13	0.2	10:33	0.6	6:56	4:39	
29	Sun	4:48	9.4	5:25	8.4	11:16	0.5	11:33	1.1	6:55	4:41	
30	Mon	5:48	9.2	6:29	8.1			12:19	0.6	6:54	4:42	
31	Tue	6:47	9.1	7:31	8.0	12:33	1.4	1:20	0.6	6:53	4:43	