
































Vinalhaven, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:58	9.4	4:34	9.1	10:21	0.6	10:47	1.3	4:56	8:22	
2	Wed	4:51	8.9	5:24	8.9	11:10	1.0	11:42	1.4	4:57	8:22	
3	Thu	5:46	8.4	6:14	8.9	11:59	1.4			4:57	8:21	
4	Fri	6:43	8.1	7:05	8.9	12:38	1.5	12:50	1.7	4:58	8:21	
5	Sat	7:39	7.9	7:55	8.9	1:32	1.4	1:41	1.9	4:58	8:21	
6	Sun	8:33	7.9	8:43	9.0	2:25	1.3	2:31	1.9	4:59	8:20	
7	Mon	9:23	7.9	9:29	9.2	3:15	1.1	3:19	1.9	5:00	8:20	
8	Tue	10:10	8.1	10:13	9.4	4:02	0.8	4:05	1.8	5:01	8:20	
9	Wed	10:53	8.3	10:55	9.6	4:45	0.6	4:48	1.7	5:01	8:19	
10	Thu	11:34	8.5	11:35	9.9	5:26	0.4	5:29	1.5	5:02	8:19	
11	Fri			12:13	8.7	6:06	0.2	6:09	1.3	5:03	8:18	
12	Sat	12:16	10.0	12:52	8.9	6:45	0.0	6:50	1.1	5:04	8:17	
13	Sun	12:57	10.2	1:32	9.2	7:24	-0.1	7:33	0.9	5:05	8:17	
14	Mon	1:39	10.2	2:14	9.4	8:05	-0.2	8:19	0.8	5:05	8:16	
15	Tue	2:24	10.1	2:58	9.7	8:47	-0.2	9:07	0.6	5:06	8:16	
16	Wed	3:13	9.9	3:45	9.9	9:33	-0.1	10:00	0.5	5:07	8:15	
17	Thu	4:05	9.6	4:36	10.0	10:21	0.1	10:57	0.4	5:08	8:14	
18	Fri	5:02	9.3	5:31	10.1	11:14	0.4	11:58	0.3	5:09	8:13	
19	Sat	6:04	9.0	6:30	10.2			12:12	0.6	5:10	8:12	
20	Sun	7:10	8.8	7:31	10.3	1:02	0.2	1:14	0.8	5:11	8:12	
21	Mon	8:16	8.8	8:33	10.4	2:06	0.0	2:17	0.8	5:12	8:11	
22	Tue	9:19	8.9	9:34	10.6	3:09	-0.3	3:20	0.8	5:13	8:10	
23	Wed	10:18	9.1	10:31	10.7	4:09	-0.5	4:19	0.6	5:14	8:09	
24	Thu	11:13	9.3	11:24	10.8	5:04	-0.6	5:14	0.5	5:15	8:08	
25	Fri			12:03	9.5	5:55	-0.7	6:06	0.4	5:16	8:07	
26	Sat	12:15	10.7	12:51	9.6	6:44	-0.6	6:56	0.5	5:17	8:06	
27	Sun	1:03	10.5	1:37	9.5	7:29	-0.4	7:44	0.6	5:18	8:05	
28	Mon	1:50	10.1	2:22	9.5	8:14	0.0	8:31	0.8	5:19	8:04	
29	Tue	2:36	9.7	3:06	9.3	8:57	0.4	9:19	1.0	5:20	8:02	
30	Wed	3:23	9.2	3:50	9.2	9:39	0.8	10:07	1.2	5:21	8:01	
31	Thu	4:10	8.7	4:35	9.0	10:23	1.2	10:57	1.4	5:22	8:00	