
























Vinalhaven, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:01	8.2	5:23	8.8	11:09	1.6	11:50	1.5	5:24	7:59	
2	Sat	5:55	7.8	6:14	8.7	11:59	2.0			5:25	7:58	
3	Sun	6:53	7.6	7:08	8.6	12:45	1.6	12:53	2.1	5:26	7:56	
4	Mon	7:51	7.6	8:02	8.8	1:42	1.5	1:48	2.2	5:27	7:55	
5	Tue	8:45	7.7	8:53	9.0	2:36	1.3	2:41	2.1	5:28	7:54	
6	Wed	9:35	7.9	9:41	9.3	3:27	1.0	3:31	1.8	5:29	7:52	
7	Thu	10:20	8.3	10:26	9.7	4:13	0.7	4:17	1.5	5:30	7:51	
8	Fri	11:02	8.7	11:09	10.1	4:56	0.3	5:01	1.1	5:31	7:50	
9	Sat	11:43	9.1	11:51	10.4	5:36	0.0	5:43	0.8	5:32	7:48	
10	Sun			12:23	9.5	6:16	-0.3	6:26	0.4	5:34	7:47	
11	Mon	12:34	10.5	1:04	9.9	6:56	-0.5	7:11	0.1	5:35	7:45	
12	Tue	1:18	10.5	1:46	10.2	7:37	-0.5	7:58	-0.1	5:36	7:44	
13	Wed	2:04	10.4	2:31	10.4	8:21	-0.4	8:47	-0.1	5:37	7:42	
14	Thu	2:54	10.1	3:19	10.4	9:07	-0.2	9:41	-0.1	5:38	7:41	
15	Fri	3:47	9.6	4:12	10.3	9:58	0.2	10:39	0.0	5:39	7:39	
16	Sat	4:46	9.1	5:09	10.2	10:54	0.6	11:42	0.2	5:40	7:38	
17	Sun	5:51	8.7	6:13	10.0	11:56	1.0			5:42	7:36	
18	Mon	7:00	8.5	7:20	9.9	12:49	0.3	1:03	1.1	5:43	7:35	
19	Tue	8:08	8.5	8:26	10.0	1:57	0.2	2:11	1.1	5:44	7:33	
20	Wed	9:12	8.7	9:27	10.2	3:01	0.1	3:14	0.9	5:45	7:31	
21	Thu	10:08	9.0	10:23	10.3	3:59	-0.1	4:12	0.7	5:46	7:30	
22	Fri	10:59	9.3	11:13	10.4	4:51	-0.3	5:04	0.4	5:47	7:28	
23	Sat	11:45	9.5	11:59	10.3	5:38	-0.3	5:52	0.3	5:48	7:26	
24	Sun			12:28	9.6	6:21	-0.2	6:36	0.3	5:50	7:25	
25	Mon	12:42	10.1	1:08	9.6	7:02	0.0	7:19	0.4	5:51	7:23	
26	Tue	1:24	9.8	1:46	9.6	7:40	0.3	8:01	0.6	5:52	7:21	
27	Wed	2:05	9.4	2:25	9.4	8:18	0.7	8:42	0.8	5:53	7:20	
28	Thu	2:47	8.9	3:04	9.2	8:57	1.1	9:26	1.0	5:54	7:18	
29	Fri	3:31	8.5	3:46	8.9	9:37	1.5	10:12	1.3	5:55	7:16	
30	Sat	4:18	8.0	4:33	8.7	10:22	1.9	11:02	1.5	5:56	7:14	
31	Sun	5:10	7.7	5:24	8.5	11:11	2.2	11:58	1.6	5:58	7:13	