

































## Vinalhaven, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:58	10.1	9:34	9.4	2:47	0.4	3:25	-0.5	6:11	5:23	
2	Mon	9:51	10.4	10:22	9.7	3:41	0.0	4:14	-0.7	6:09	5:24	
3	Tue	10:39	10.5	11:05	10.0	4:31	-0.3	4:59	-0.7	6:08	5:26	
4	Wed	11:24	10.4	11:46	10.1	5:17	-0.5	5:41	-0.6	6:06	5:27	
5	Thu			12:07	10.1	6:00	-0.4	6:20	-0.3	6:04	5:28	
6	Fri	12:26	10.0	12:48	9.7	6:42	-0.2	6:59	0.2	6:03	5:30	
7	Sat	1:05	9.8	1:30	9.2	7:24	0.0	7:38	0.7	6:01	5:31	
8	Sun	1:44	9.5	3:13	8.6	9:07	0.4	9:19	1.1	6:59	6:32	
9	Mon	3:26	9.1	3:59	8.1	9:52	0.8	10:03	1.6	6:57	6:33	
10	Tue	4:12	8.7	4:50	7.7	10:41	1.2	10:53	2.0	6:55	6:35	
11	Wed	5:03	8.4	5:47	7.4	11:36	1.4	11:49	2.2	6:54	6:36	
12	Thu	6:02	8.2	6:49	7.3			12:37	1.6	6:52	6:37	
13	Fri	7:03	8.2	7:49	7.4	12:50	2.2	1:37	1.5	6:50	6:38	
14	Sat	8:02	8.4	8:42	7.8	1:50	2.0	2:32	1.2	6:48	6:40	
15	Sun	8:55	8.8	9:29	8.3	2:45	1.6	3:21	0.8	6:46	6:41	
16	Mon	9:42	9.3	10:11	8.8	3:33	1.1	4:04	0.3	6:45	6:42	
17	Tue	10:25	9.7	10:50	9.4	4:18	0.6	4:44	0.0	6:43	6:43	
18	Wed	11:07	10.0	11:29	10.0	5:00	0.1	5:23	-0.3	6:41	6:45	
19	Thu	11:49	10.3			5:42	-0.4	6:01	-0.5	6:39	6:46	
20	Fri	12:08	10.4	12:32	10.3	6:24	-0.8	6:42	-0.5	6:37	6:47	
21	Sat	12:49	10.7	1:17	10.2	7:09	-1.0	7:24	-0.4	6:36	6:48	
22	Sun	1:32	10.8	2:05	9.9	7:56	-1.0	8:10	-0.1	6:34	6:50	
23	Mon	2:20	10.7	2:57	9.5	8:47	-0.8	9:01	0.3	6:32	6:51	
24	Tue	3:12	10.4	3:54	9.0	9:44	-0.4	9:59	0.8	6:30	6:52	
25	Wed	4:12	9.9	4:59	8.6	10:47	0.0	11:05	1.1	6:28	6:53	
26	Thu	5:19	9.5	6:11	8.3	11:56	0.3			6:26	6:54	
27	Fri	6:32	9.3	7:23	8.4	12:17	1.3	1:08	0.4	6:25	6:56	
28	Sat	7:44	9.4	8:29	8.7	1:31	1.2	2:15	0.3	6:23	6:57	
29	Sun	8:49	9.6	9:26	9.1	2:38	0.8	3:14	0.0	6:21	6:58	
30	Mon	9:46	9.8	10:16	9.6	3:36	0.4	4:06	-0.1	6:19	6:59	
31	Tue	10:37	9.9	11:00	9.9	4:28	0.0	4:53	-0.2	6:17	7:01	