

































Vinalhaven, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:42	10.5	8:23	9.3	1:26	0.3	2:14	-0.7	7:10	4:07	
2	Wed	8:41	10.9	9:21	9.6	2:28	0.1	3:12	-1.1	7:10	4:08	
3	Thu	9:36	11.1	10:16	9.9	3:25	-0.2	4:07	-1.3	7:10	4:09	
4	Fri	10:30	11.2	11:07	10.0	4:20	-0.3	4:58	-1.4	7:10	4:10	
5	Sat	11:21	11.2	11:57	10.0	5:12	-0.4	5:48	-1.3	7:09	4:11	
6	Sun			12:11	10.9	6:03	-0.3	6:36	-1.0	7:09	4:12	
7	Mon	12:45	9.9	1:00	10.5	6:54	-0.1	7:23	-0.6	7:09	4:13	
8	Tue	1:33	9.7	1:49	9.9	7:44	0.2	8:10	-0.2	7:09	4:14	
9	Wed	2:21	9.5	2:39	9.3	8:35	0.5	8:58	0.3	7:09	4:16	
10	Thu	3:09	9.2	3:31	8.8	9:27	0.8	9:47	0.8	7:08	4:17	
11	Fri	4:00	8.9	4:26	8.3	10:21	1.1	10:38	1.2	7:08	4:18	
12	Sat	4:52	8.7	5:24	7.9	11:18	1.2	11:32	1.5	7:08	4:19	
13	Sun	5:47	8.7	6:23	7.8			12:16	1.2	7:07	4:20	
14	Mon	6:41	8.7	7:19	7.8	12:26	1.7	1:11	1.1	7:07	4:21	
15	Tue	7:33	8.9	8:10	7.9	1:20	1.6	2:03	0.9	7:06	4:23	
16	Wed	8:21	9.1	8:57	8.2	2:10	1.5	2:50	0.6	7:06	4:24	
17	Thu	9:05	9.4	9:39	8.5	2:56	1.2	3:33	0.3	7:05	4:25	
18	Fri	9:46	9.7	10:18	8.8	3:38	1.0	4:12	0.0	7:04	4:26	
19	Sat	10:25	10.0	10:55	9.1	4:18	0.7	4:50	-0.3	7:04	4:28	
20	Sun	11:03	10.2	11:33	9.4	4:57	0.5	5:27	-0.5	7:03	4:29	
21	Mon	11:43	10.3			5:36	0.2	6:04	-0.6	7:02	4:30	
22	Tue	12:11	9.7	12:24	10.3	6:17	0.1	6:44	-0.6	7:01	4:31	
23	Wed	12:51	9.9	1:07	10.2	7:01	-0.1	7:25	-0.5	7:01	4:33	
24	Thu	1:35	10.0	1:55	9.9	7:48	-0.1	8:11	-0.3	7:00	4:34	
25	Fri	2:22	10.1	2:47	9.5	8:40	-0.1	9:01	0.0	6:59	4:35	
26	Sat	3:15	10.0	3:45	9.1	9:38	0.0	9:57	0.3	6:58	4:37	
27	Sun	4:13	9.9	4:50	8.7	10:42	0.1	11:00	0.6	6:57	4:38	
28	Mon	5:17	9.8	6:00	8.6	11:50	0.1			6:56	4:40	
29	Tue	6:24	9.9	7:09	8.7	12:07	0.7	12:59	-0.1	6:55	4:41	
30	Wed	7:30	10.1	8:14	9.0	1:15	0.6	2:03	-0.4	6:54	4:42	
31	Thu	8:32	10.4	9:11	9.3	2:19	0.3	3:02	-0.7	6:53	4:44	