

































## Vinalhaven, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:30	9.5	1:57	9.0	7:50	0.5	8:04	1.2	5:24	7:59	
2	Wed	2:06	9.3	2:31	9.1	8:23	0.7	8:42	1.2	5:25	7:57	
3	Thu	2:44	9.0	3:08	9.1	8:58	0.9	9:22	1.2	5:26	7:56	
4	Fri	3:25	8.7	3:47	9.2	9:35	1.1	10:06	1.2	5:27	7:55	
5	Sat	4:10	8.5	4:32	9.2	10:17	1.3	10:56	1.1	5:28	7:54	
6	Sun	5:01	8.2	5:22	9.2	11:06	1.4	11:52	1.1	5:29	7:52	
7	Mon	5:59	8.1	6:20	9.4			12:01	1.5	5:30	7:51	
8	Tue	7:02	8.1	7:21	9.6	12:54	0.9	1:02	1.5	5:32	7:49	
9	Wed	8:07	8.3	8:24	10.0	1:57	0.5	2:06	1.2	5:33	7:48	
10	Thu	9:09	8.7	9:25	10.5	2:59	0.1	3:09	0.8	5:34	7:47	
11	Fri	10:06	9.3	10:22	11.0	3:58	-0.5	4:09	0.3	5:35	7:45	
12	Sat	11:00	9.9	11:17	11.3	4:52	-0.9	5:05	-0.2	5:36	7:44	
13	Sun	11:52	10.4			5:44	-1.2	6:00	-0.6	5:37	7:42	
14	Mon	12:10	11.5	12:43	10.7	6:34	-1.4	6:54	-0.8	5:38	7:41	
15	Tue	1:03	11.3	1:33	10.9	7:24	-1.2	7:48	-0.8	5:39	7:39	
16	Wed	1:56	11.0	2:24	10.9	8:14	-0.9	8:43	-0.7	5:41	7:38	
17	Thu	2:51	10.4	3:16	10.6	9:05	-0.4	9:39	-0.4	5:42	7:36	
18	Fri	3:47	9.8	4:10	10.3	9:58	0.2	10:38	0.0	5:43	7:34	
19	Sat	4:46	9.1	5:08	9.9	10:55	0.8	11:39	0.4	5:44	7:33	
20	Sun	5:49	8.6	6:09	9.5	11:55	1.3			5:45	7:31	
21	Mon	6:54	8.2	7:11	9.3	12:42	0.7	12:57	1.6	5:46	7:29	
22	Tue	7:57	8.1	8:11	9.2	1:45	0.8	1:58	1.7	5:47	7:28	
23	Wed	8:54	8.2	9:06	9.3	2:43	0.8	2:55	1.6	5:49	7:26	
24	Thu	9:44	8.3	9:54	9.4	3:35	0.7	3:45	1.4	5:50	7:24	
25	Fri	10:28	8.6	10:38	9.6	4:21	0.6	4:30	1.2	5:51	7:23	
26	Sat	11:07	8.8	11:16	9.6	5:01	0.5	5:10	1.0	5:52	7:21	
27	Sun	11:43	9.0	11:53	9.6	5:38	0.4	5:48	0.9	5:53	7:19	
28	Mon			12:16	9.2	6:11	0.4	6:23	0.8	5:54	7:18	
29	Tue	12:27	9.6	12:48	9.3	6:43	0.5	6:58	0.8	5:55	7:16	
30	Wed	1:02	9.4	1:20	9.4	7:14	0.6	7:33	0.7	5:57	7:14	
31	Thu	1:36	9.2	1:53	9.5	7:46	0.8	8:09	0.7	5:58	7:12	