

## Vinalhaven, ME - Mar 2054

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:16  | 9.3  | 4:54  | 8.5  | 10:44 | 0.5  | 11:04 | 1.1  | 6:11                                                                                | 5:23 |    |
| 2    | Mon | 5:16  | 9.0  | 5:57  | 8.2  | 11:45 | 0.8  |       |      | 6:09                                                                                | 5:25 |    |
| 3    | Tue | 6:18  | 8.8  | 6:58  | 8.1  | 12:06 | 1.4  | 12:46 | 0.9  | 6:07                                                                                | 5:26 |    |
| 4    | Wed | 7:16  | 8.8  | 7:53  | 8.2  | 1:05  | 1.4  | 1:43  | 0.8  | 6:06                                                                                | 5:27 |    |
| 5    | Thu | 8:09  | 9.0  | 8:42  | 8.4  | 1:59  | 1.2  | 2:33  | 0.6  | 6:04                                                                                | 5:29 |    |
| 6    | Fri | 8:55  | 9.2  | 9:25  | 8.7  | 2:48  | 1.0  | 3:17  | 0.4  | 6:02                                                                                | 5:30 |    |
| 7    | Sat | 9:37  | 9.4  | 10:03 | 9.0  | 3:31  | 0.7  | 3:57  | 0.2  | 6:00                                                                                | 5:31 |    |
| 8    | Sun | 11:16 | 9.6  | 11:38 | 9.2  | 5:10  | 0.5  | 5:34  | 0.1  | 6:59                                                                                | 6:32 |    |
| 9    | Mon | 11:52 | 9.7  |       |      | 5:47  | 0.3  | 6:08  | 0.0  | 6:57                                                                                | 6:34 |    |
| 10   | Tue | 12:12 | 9.4  | 12:26 | 9.7  | 6:22  | 0.2  | 6:41  | 0.0  | 6:55                                                                                | 6:35 |    |
| 11   | Wed | 12:45 | 9.6  | 1:01  | 9.7  | 6:56  | 0.1  | 7:14  | 0.1  | 6:53                                                                                | 6:36 |    |
| 12   | Thu | 1:18  | 9.7  | 1:38  | 9.6  | 7:32  | 0.1  | 7:48  | 0.2  | 6:51                                                                                | 6:37 |   |
| 13   | Fri | 1:54  | 9.7  | 2:17  | 9.5  | 8:10  | 0.0  | 8:26  | 0.3  | 6:50                                                                                | 6:39 |  |
| 14   | Sat | 2:33  | 9.8  | 3:00  | 9.2  | 8:52  | 0.1  | 9:08  | 0.5  | 6:48                                                                                | 6:40 |  |
| 15   | Sun | 3:18  | 9.7  | 3:49  | 9.0  | 9:40  | 0.1  | 9:57  | 0.7  | 6:46                                                                                | 6:41 |  |
| 16   | Mon | 4:08  | 9.6  | 4:45  | 8.8  | 10:34 | 0.2  | 10:53 | 0.8  | 6:44                                                                                | 6:42 |  |
| 17   | Tue | 5:07  | 9.5  | 5:48  | 8.6  | 11:36 | 0.3  | 11:57 | 0.9  | 6:42                                                                                | 6:44 |  |
| 18   | Wed | 6:12  | 9.5  | 6:56  | 8.7  |       |      | 12:43 | 0.2  | 6:41                                                                                | 6:45 |  |
| 19   | Thu | 7:20  | 9.7  | 8:04  | 9.1  | 1:06  | 0.7  | 1:51  | -0.1 | 6:39                                                                                | 6:46 |  |
| 20   | Fri | 8:27  | 10.1 | 9:06  | 9.6  | 2:14  | 0.3  | 2:54  | -0.5 | 6:37                                                                                | 6:47 |  |
| 21   | Sat | 9:28  | 10.6 | 10:02 | 10.2 | 3:17  | -0.2 | 3:52  | -1.0 | 6:35                                                                                | 6:49 |  |
| 22   | Sun | 10:25 | 10.9 | 10:54 | 10.7 | 4:15  | -0.8 | 4:46  | -1.3 | 6:33                                                                                | 6:50 |  |
| 23   | Mon | 11:18 | 11.2 | 11:44 | 11.0 | 5:09  | -1.2 | 5:36  | -1.4 | 6:32                                                                                | 6:51 |  |
| 24   | Tue |       |      | 12:09 | 11.2 | 6:00  | -1.4 | 6:25  | -1.4 | 6:30                                                                                | 6:52 |  |
| 25   | Wed | 12:32 | 11.1 | 12:58 | 11.0 | 6:50  | -1.4 | 7:12  | -1.1 | 6:28                                                                                | 6:54 |  |
| 26   | Thu | 1:19  | 11.0 | 1:47  | 10.5 | 7:39  | -1.2 | 7:59  | -0.6 | 6:26                                                                                | 6:55 |  |
| 27   | Fri | 2:06  | 10.7 | 2:37  | 10.0 | 8:28  | -0.9 | 8:47  | 0.0  | 6:24                                                                                | 6:56 |  |
| 28   | Sat | 2:54  | 10.2 | 3:28  | 9.4  | 9:18  | -0.4 | 9:37  | 0.5  | 6:22                                                                                | 6:57 |  |
| 29   | Sun | 3:44  | 9.7  | 4:21  | 8.8  | 10:11 | 0.2  | 10:30 | 1.1  | 6:21                                                                                | 6:58 |  |
| 30   | Mon | 4:38  | 9.2  | 5:18  | 8.4  | 11:06 | 0.6  | 11:27 | 1.5  | 6:19                                                                                | 7:00 |  |
| 31   | Tue | 5:36  | 8.8  | 6:18  | 8.1  |       |      | 12:05 | 1.0  | 6:17                                                                                | 7:01 |  |