





























Winter Harbor, ME - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:37	8.4	7:50	9.7	1:39	1.5	1:46	2.2	5:19	7:57	
2	Thu	8:32	8.5	8:41	9.9	2:33	1.4	2:40	2.1	5:20	7:56	
3	Fri	9:22	8.7	9:29	10.1	3:23	1.1	3:29	1.9	5:21	7:55	
4	Sat	10:06	9.0	10:12	10.5	4:09	0.8	4:14	1.6	5:22	7:54	
5	Sun	10:47	9.4	10:53	10.8	4:51	0.5	4:56	1.3	5:23	7:52	
6	Mon	11:26	9.8	11:33	11.0	5:30	0.2	5:36	1.0	5:24	7:51	
7	Tue			12:03	10.1	6:07	0.0	6:16	0.7	5:26	7:50	
8	Wed	12:12	11.2	12:41	10.5	6:44	-0.2	6:57	0.5	5:27	7:48	
9	Thu	12:52	11.2	1:19	10.8	7:22	-0.3	7:39	0.2	5:28	7:47	
10	Fri	1:35	11.1	2:01	11.1	8:01	-0.2	8:25	0.1	5:29	7:45	
11	Sat	2:21	10.9	2:45	11.2	8:44	-0.1	9:14	0.0	5:30	7:44	
12	Sun	3:10	10.5	3:34	11.2	9:31	0.2	10:09	0.1	5:31	7:42	
13	Mon	4:05	10.1	4:29	11.1	10:23	0.5	11:08	0.2	5:32	7:41	
14	Tue	5:06	9.7	5:29	11.0	11:22	0.9			5:34	7:39	
15	Wed	6:13	9.4	6:35	10.9	12:14	0.3	12:27	1.1	5:35	7:38	
16	Thu	7:22	9.4	7:43	11.0	1:22	0.2	1:36	1.1	5:36	7:36	
17	Fri	8:29	9.6	8:47	11.2	2:29	0.0	2:42	0.9	5:37	7:35	
18	Sat	9:30	9.9	9:46	11.5	3:30	-0.2	3:44	0.6	5:38	7:33	
19	Sun	10:25	10.3	10:40	11.7	4:26	-0.5	4:40	0.2	5:39	7:31	
20	Mon	11:14	10.7	11:30	11.7	5:17	-0.7	5:32	0.0	5:41	7:30	
21	Tue			12:01	10.9	6:03	-0.7	6:20	-0.1	5:42	7:28	
22	Wed	12:17	11.5	12:44	10.9	6:47	-0.5	7:06	0.0	5:43	7:26	
23	Thu	1:02	11.1	1:26	10.9	7:30	-0.1	7:51	0.2	5:44	7:25	
24	Fri	1:47	10.7	2:08	10.7	8:11	0.3	8:36	0.5	5:45	7:23	
25	Sat	2:31	10.1	2:50	10.4	8:52	0.8	9:22	0.8	5:46	7:21	
26	Sun	3:17	9.6	3:34	10.0	9:35	1.3	10:09	1.2	5:48	7:20	
27	Mon	4:05	9.0	4:21	9.7	10:21	1.8	11:00	1.5	5:49	7:18	
28	Tue	4:58	8.6	5:14	9.4	11:11	2.2	11:56	1.7	5:50	7:16	
29	Wed	5:55	8.3	6:10	9.3			12:07	2.4	5:51	7:14	
30	Thu	6:54	8.2	7:08	9.4	12:54	1.7	1:05	2.4	5:52	7:13	
31	Fri	7:51	8.4	8:03	9.6	1:51	1.5	2:01	2.2	5:53	7:11	