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# Yarmouth, Royal River, ME - Mar 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 8:55 | 10.6 | 9:35 | 9.6 | 2:37 | 0.1 | 3:21 | -1.0 | 6:16 | 5:29 | |
| 2 | Thu | 9:52 | 11.0 | 10:26 | 10.2 | 3:35 | -0.5 | 4:13 | -1.3 | 6:14 | 5:30 | |
| 3 | Fri | 10:45 | 11.2 | 11:14 | 10.7 | 4:29 | -1.0 | 5:01 | -1.5 | 6:12 | 5:32 | |
| 4 | Sat | 11:36 | 11.1 | | | 5:21 | -1.3 | 5:47 | -1.4 | 6:10 | 5:33 | |
| 5 | Sun | 12:00 | 10.9 | 12:25 | 10.8 | 6:11 | -1.4 | 6:33 | -1.1 | 6:09 | 5:34 | |
| 6 | Mon | 12:45 | 10.8 | 1:14 | 10.2 | 7:00 | -1.2 | 7:18 | -0.6 | 6:07 | 5:36 | |
| 7 | Tue | 1:31 | 10.6 | 2:04 | 9.6 | 7:50 | -0.9 | 8:04 | 0.1 | 6:05 | 5:37 | |
| 8 | Wed | 2:18 | 10.1 | 2:57 | 8.9 | 8:42 | -0.3 | 8:54 | 0.8 | 6:04 | 5:38 | |
| 9 | Thu | 3:10 | 9.5 | 3:54 | 8.2 | 9:38 | 0.3 | 9:48 | 1.4 | 6:02 | 5:39 | |
| 10 | Fri | 4:06 | 9.0 | 4:55 | 7.8 | 10:38 | 0.8 | 10:47 | 1.8 | 6:00 | 5:41 | |
| 11 | Sat | 5:06 | 8.6 | 5:59 | 7.5 | 11:43 | 1.2 | 11:52 | 2.1 | 5:58 | 5:42 | |
| 12 | Sun | 7:11 | 8.4 | 8:03 | 7.5 | | | 1:50 | 1.3 | 6:56 | 6:43 | |
| 13 | Mon | 8:14 | 8.5 | 8:59 | 7.7 | 1:59 | 2.0 | 2:49 | 1.2 | 6:55 | 6:44 | |
| 14 | Tue | 9:10 | 8.7 | 9:47 | 8.1 | 2:57 | 1.8 | 3:38 | 0.9 | 6:53 | 6:46 | |
| 15 | Wed | 9:57 | 9.0 | 10:29 | 8.5 | 3:46 | 1.4 | 4:20 | 0.7 | 6:51 | 6:47 | |
| 16 | Thu | 10:39 | 9.2 | 11:06 | 8.8 | 4:29 | 1.0 | 4:56 | 0.4 | 6:49 | 6:48 | |
| 17 | Fri | 11:17 | 9.3 | 11:40 | 9.2 | 5:07 | 0.7 | 5:28 | 0.3 | 6:47 | 6:49 | |
| 18 | Sat | 11:54 | 9.4 | | | 5:43 | 0.4 | 6:00 | 0.2 | 6:46 | 6:50 | |
| 19 | Sun | 12:11 | 9.5 | 12:29 | 9.4 | 6:18 | 0.1 | 6:31 | 0.2 | 6:44 | 6:52 | |
| 20 | Mon | 12:42 | 9.7 | 1:04 | 9.3 | 6:53 | -0.1 | 7:04 | 0.3 | 6:42 | 6:53 | |
| 21 | Tue | 1:14 | 9.9 | 1:41 | 9.2 | 7:30 | -0.3 | 7:40 | 0.4 | 6:40 | 6:54 | |
| 22 | Wed | 1:49 | 9.9 | 2:20 | 9.0 | 8:10 | -0.3 | 8:19 | 0.5 | 6:38 | 6:55 | |
| 23 | Thu | 2:28 | 9.9 | 3:05 | 8.7 | 8:54 | -0.2 | 9:04 | 0.8 | 6:37 | 6:57 | |
| 24 | Fri | 3:14 | 9.8 | 3:57 | 8.4 | 9:45 | 0.0 | 9:55 | 1.0 | 6:35 | 6:58 | |
| 25 | Sat | 4:08 | 9.7 | 4:57 | 8.2 | 10:42 | 0.3 | 10:54 | 1.2 | 6:33 | 6:59 | |
| 26 | Sun | 5:11 | 9.5 | 6:04 | 8.1 | 11:46 | 0.4 | | | 6:31 | 7:00 | |
| 27 | Mon | 6:20 | 9.5 | 7:15 | 8.3 | 12:00 | 1.3 | 12:55 | 0.4 | 6:29 | 7:01 | |
| 28 | Tue | 7:33 | 9.6 | 8:23 | 8.8 | 1:12 | 1.1 | 2:05 | 0.1 | 6:28 | 7:03 | |
| 29 | Wed | 8:42 | 9.9 | 9:23 | 9.4 | 2:23 | 0.7 | 3:07 | -0.3 | 6:26 | 7:04 | |
| 30 | Thu | 9:43 | 10.3 | 10:15 | 10.1 | 3:27 | 0.0 | 4:01 | -0.6 | 6:24 | 7:05 | |
| 31 | Fri | 10:38 | 10.5 | 11:04 | 10.6 | 4:23 | -0.6 | 4:50 | -0.8 | 6:22 | 7:06 | |