

York, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:18	9.7	3:48	10.0	9:43	-0.6	10:16	-0.3	5:33	8:04	
2	Mon	4:15	9.4	4:44	10.0	10:37	-0.3	11:16	-0.1	5:34	8:03	
3	Tue	5:16	9.0	5:43	9.9	11:34	0.0			5:35	8:01	
4	Wed	6:20	8.7	6:45	9.8	12:19	0.0	12:35	0.3	5:36	8:00	
5	Thu	7:28	8.5	7:50	9.8	1:26	0.0	1:40	0.5	5:37	7:59	
6	Fri	8:35	8.5	8:53	9.9	2:34	-0.1	2:45	0.5	5:38	7:57	
7	Sat	9:35	8.7	9:51	10.0	3:36	-0.2	3:46	0.4	5:39	7:56	
8	Sun	10:30	8.9	10:44	10.1	4:31	-0.4	4:40	0.3	5:40	7:55	
9	Mon	11:20	9.1	11:33	10.1	5:21	-0.5	5:31	0.2	5:41	7:53	
10	Tue			12:07	9.2	6:08	-0.5	6:19	0.1	5:43	7:52	
11	Wed	12:19	10.0	12:50	9.2	6:50	-0.4	7:03	0.2	5:44	7:51	
12	Thu	1:02	9.7	1:30	9.2	7:30	-0.2	7:46	0.3	5:45	7:49	
13	Fri	1:43	9.4	2:09	9.1	8:08	0.1	8:27	0.5	5:46	7:48	
14	Sat	2:24	9.0	2:48	9.0	8:46	0.4	9:10	0.7	5:47	7:46	
15	Sun	3:07	8.6	3:29	8.8	9:26	0.7	9:55	0.9	5:48	7:45	
16	Mon	3:52	8.2	4:13	8.6	10:08	1.1	10:42	1.1	5:49	7:43	
17	Tue	4:41	7.9	5:01	8.5	10:53	1.3	11:33	1.3	5:50	7:42	
18	Wed	5:33	7.6	5:51	8.4	11:41	1.6			5:51	7:40	
19	Thu	6:28	7.4	6:45	8.4	12:27	1.4	12:34	1.7	5:52	7:39	
20	Fri	7:26	7.4	7:41	8.6	1:25	1.4	1:30	1.7	5:53	7:37	
21	Sat	8:22	7.6	8:35	8.9	2:22	1.1	2:26	1.5	5:55	7:35	
22	Sun	9:13	8.0	9:24	9.3	3:14	0.8	3:19	1.1	5:56	7:34	
23	Mon	10:00	8.4	10:11	9.7	4:01	0.3	4:07	0.6	5:57	7:32	
24	Tue	10:44	8.9	10:57	10.1	4:45	-0.2	4:55	0.1	5:58	7:31	
25	Wed	11:28	9.4	11:44	10.3	5:28	-0.6	5:42	-0.4	5:59	7:29	
26	Thu			12:12	9.9	6:12	-0.9	6:30	-0.7	6:00	7:27	
27	Fri	12:31	10.5	12:57	10.3	6:56	-1.1	7:18	-1.0	6:01	7:26	
28	Sat	1:19	10.4	1:43	10.5	7:42	-1.1	8:09	-1.0	6:02	7:24	
29	Sun	2:09	10.2	2:32	10.5	8:30	-0.9	9:02	-0.9	6:03	7:22	
30	Mon	3:02	9.8	3:26	10.3	9:22	-0.6	9:59	-0.7	6:04	7:21	
31	Tue	4:01	9.4	4:24	10.1	10:18	-0.1	11:01	-0.3	6:06	7:19	