

York, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:20	9.8	12:32	11.0	6:31	-0.9	7:09	-1.8	7:14	4:17	
2	Tue	1:13	9.9	1:27	10.7	7:26	-0.7	8:02	-1.5	7:14	4:18	
3	Wed	2:08	9.8	2:25	10.2	8:24	-0.5	8:58	-1.1	7:14	4:19	
4	Thu	3:06	9.6	3:27	9.6	9:25	-0.2	9:56	-0.6	7:14	4:20	
5	Fri	4:06	9.5	4:31	9.1	10:30	0.0	10:56	-0.2	7:14	4:21	
6	Sat	5:07	9.3	5:36	8.7	11:36	0.2	11:58	0.2	7:14	4:22	
7	Sun	6:08	9.3	6:42	8.4			12:44	0.2	7:14	4:23	
8	Mon	7:08	9.2	7:44	8.3	1:01	0.5	1:47	0.1	7:13	4:24	
9	Tue	8:04	9.3	8:40	8.3	2:00	0.6	2:44	0.0	7:13	4:25	
10	Wed	8:54	9.4	9:30	8.4	2:52	0.7	3:33	-0.2	7:13	4:26	
11	Thu	9:39	9.4	10:15	8.4	3:39	0.6	4:18	-0.2	7:13	4:27	
12	Fri	10:21	9.4	10:56	8.4	4:22	0.6	4:59	-0.3	7:12	4:28	
13	Sat	11:01	9.4	11:34	8.4	5:02	0.6	5:37	-0.3	7:12	4:29	
14	Sun	11:38	9.3			5:39	0.6	6:12	-0.2	7:11	4:31	
15	Mon	12:11	8.4	12:13	9.2	6:15	0.7	6:45	-0.1	7:11	4:32	
16	Tue	12:46	8.4	12:49	9.0	6:51	0.7	7:19	0.0	7:11	4:33	
17	Wed	1:20	8.4	1:25	8.8	7:28	0.8	7:54	0.2	7:10	4:34	
18	Thu	1:57	8.3	2:04	8.6	8:08	0.9	8:32	0.4	7:09	4:35	
19	Fri	2:35	8.3	2:47	8.3	8:52	1.0	9:14	0.6	7:09	4:37	
20	Sat	3:18	8.3	3:35	8.0	9:39	1.0	9:59	0.7	7:08	4:38	
21	Sun	4:04	8.4	4:27	7.9	10:31	1.0	10:48	0.8	7:07	4:39	
22	Mon	4:54	8.5	5:25	7.8	11:27	0.8	11:43	0.8	7:07	4:40	
23	Tue	5:50	8.8	6:27	7.9			12:28	0.5	7:06	4:42	
24	Wed	6:49	9.2	7:30	8.2	12:42	0.7	1:30	0.1	7:05	4:43	
25	Thu	7:47	9.7	8:29	8.6	1:42	0.4	2:29	-0.5	7:04	4:44	
26	Fri	8:44	10.2	9:24	9.1	2:40	0.0	3:24	-1.1	7:03	4:46	
27	Sat	9:38	10.7	10:18	9.6	3:35	-0.5	4:17	-1.6	7:03	4:47	
28	Sun	10:32	11.1	11:10	9.9	4:29	-0.9	5:09	-1.9	7:02	4:48	
29	Mon	11:25	11.2			5:23	-1.2	6:00	-2.0	7:01	4:50	
30	Tue	12:02	10.2	12:18	11.1	6:16	-1.3	6:50	-1.9	7:00	4:51	
31	Wed	12:53	10.2	1:11	10.7	7:10	-1.2	7:41	-1.6	6:59	4:52	