

































York, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:26	8.6	1:32	9.5	7:36	0.5	8:07	-0.4	7:14	4:18	
2	Tue	2:09	8.8	2:21	9.2	8:25	0.4	8:53	-0.3	7:14	4:18	
3	Wed	2:56	9.0	3:14	8.9	9:19	0.3	9:42	-0.1	7:14	4:19	
4	Thu	3:48	9.2	4:13	8.6	10:17	0.3	10:36	0.2	7:14	4:20	
5	Fri	4:43	9.3	5:17	8.3	11:19	0.2	11:34	0.4	7:14	4:21	
6	Sat	5:43	9.4	6:25	8.2			12:25	0.0	7:14	4:22	
7	Sun	6:46	9.6	7:34	8.2	12:37	0.6	1:33	-0.2	7:13	4:23	
8	Mon	7:49	9.9	8:37	8.4	1:41	0.5	2:36	-0.5	7:13	4:24	
9	Tue	8:48	10.1	9:35	8.6	2:43	0.4	3:34	-0.8	7:13	4:25	
10	Wed	9:45	10.3	10:29	8.8	3:40	0.2	4:29	-1.0	7:13	4:26	
11	Thu	10:38	10.4	11:20	8.9	4:34	0.0	5:20	-1.1	7:12	4:28	
12	Fri	11:29	10.3			5:26	0.0	6:07	-1.0	7:12	4:29	
13	Sat	12:07	9.0	12:16	10.0	6:15	0.0	6:52	-0.8	7:12	4:30	
14	Sun	12:53	9.0	1:03	9.6	7:03	0.1	7:36	-0.5	7:11	4:31	
15	Mon	1:37	8.9	1:49	9.1	7:51	0.4	8:19	0.0	7:11	4:32	
16	Tue	2:22	8.7	2:37	8.6	8:40	0.6	9:02	0.5	7:10	4:33	
17	Wed	3:07	8.5	3:28	8.0	9:31	0.9	9:47	0.9	7:10	4:35	
18	Thu	3:54	8.3	4:21	7.5	10:24	1.1	10:35	1.3	7:09	4:36	
19	Fri	4:43	8.2	5:18	7.2	11:20	1.3	11:26	1.7	7:09	4:37	
20	Sat	5:36	8.1	6:18	7.0			12:20	1.3	7:08	4:38	
21	Sun	6:31	8.1	7:18	7.0	12:22	1.9	1:21	1.2	7:07	4:40	
22	Mon	7:27	8.3	8:13	7.2	1:20	1.9	2:16	1.0	7:06	4:41	
23	Tue	8:17	8.5	9:01	7.4	2:13	1.7	3:04	0.7	7:06	4:42	
24	Wed	9:03	8.9	9:44	7.7	3:00	1.4	3:46	0.3	7:05	4:43	
25	Thu	9:46	9.2	10:25	8.1	3:43	1.1	4:26	-0.1	7:04	4:45	
26	Fri	10:27	9.6	11:04	8.4	4:25	0.7	5:04	-0.4	7:03	4:46	
27	Sat	11:07	9.8	11:41	8.8	5:06	0.3	5:41	-0.7	7:02	4:47	
28	Sun	11:48	9.9			5:48	0.0	6:19	-0.8	7:01	4:49	
29	Mon	12:19	9.1	12:30	9.9	6:32	-0.2	6:59	-0.9	7:00	4:50	
30	Tue	12:59	9.4	1:14	9.7	7:17	-0.4	7:41	-0.8	6:59	4:51	
31	Wed	1:42	9.6	2:02	9.4	8:06	-0.4	8:27	-0.5	6:58	4:53	