

































## York, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:16	10.3	1:47	9.4	7:48	-1.1	8:04	-0.5	6:18	5:31	
2	Fri	2:05	10.1	2:42	8.9	8:42	-0.8	8:57	0.0	6:16	5:32	
3	Sat	3:00	9.8	3:44	8.4	9:42	-0.4	9:56	0.5	6:15	5:33	
4	Sun	4:02	9.4	4:53	7.9	10:47	0.0	11:01	0.9	6:13	5:35	
5	Mon	5:11	9.1	6:06	7.7	11:59	0.3			6:11	5:36	
6	Tue	6:24	9.0	7:17	7.8	12:13	1.1	1:13	0.3	6:10	5:37	
7	Wed	7:34	9.0	8:20	8.1	1:27	1.1	2:19	0.1	6:08	5:38	
8	Thu	8:35	9.2	9:13	8.5	2:32	0.8	3:14	-0.1	6:06	5:39	
9	Fri	9:28	9.4	10:00	8.8	3:27	0.4	4:02	-0.3	6:04	5:41	
10	Sat	10:16	9.5	10:42	9.1	4:16	0.1	4:44	-0.3	6:03	5:42	
11	Sun	10:59	9.4	11:20	9.2	5:00	-0.1	5:23	-0.2	6:01	5:43	
12	Mon	11:39	9.2	11:55	9.3	5:41	-0.2	5:58	0.0	5:59	5:44	
13	Tue			12:17	9.0	6:19	-0.1	6:32	0.2	5:58	5:46	
14	Wed	12:29	9.2	12:54	8.6	6:56	0.0	7:06	0.6	5:56	5:47	
15	Thu	1:03	9.0	1:32	8.3	7:33	0.2	7:41	0.9	5:54	5:48	
16	Fri	1:38	8.8	2:12	7.9	8:12	0.5	8:19	1.3	5:52	5:49	
17	Sat	2:18	8.5	2:57	7.5	8:56	0.8	9:03	1.6	5:50	5:50	
18	Sun	3:03	8.3	3:48	7.2	9:44	1.1	9:51	1.9	5:49	5:52	
19	Mon	3:54	8.1	4:44	7.0	10:38	1.3	10:45	2.0	5:47	5:53	
20	Tue	4:52	8.0	5:44	7.0	11:37	1.4	11:45	2.0	5:45	5:54	
21	Wed	5:53	8.0	6:45	7.2			12:38	1.2	5:43	5:55	
22	Thu	6:54	8.3	7:39	7.7	12:48	1.7	1:36	0.9	5:42	5:56	
23	Fri	7:50	8.7	8:27	8.3	1:47	1.3	2:26	0.4	5:40	5:57	
24	Sat	8:41	9.2	9:11	9.0	2:40	0.6	3:11	-0.1	5:38	5:59	
25	Sun	9:29	9.6	9:53	9.7	3:28	-0.1	3:54	-0.5	5:36	6:00	
26	Mon	10:16	9.9	10:36	10.2	4:16	-0.7	4:37	-0.8	5:34	6:01	
27	Tue	11:04	10.1	11:21	10.6	5:03	-1.3	5:21	-1.0	5:33	6:02	
28	Wed	11:52	10.0			5:51	-1.6	6:07	-0.9	5:31	6:03	
29	Thu	12:06	10.8	12:41	9.8	6:40	-1.6	6:55	-0.7	5:29	6:04	
30	Fri	12:54	10.7	1:34	9.4	7:32	-1.4	7:45	-0.2	5:27	6:06	
31	Sat	1:46	10.4	2:31	8.9	8:28	-1.0	8:41	0.2	5:26	6:07	