




















York, ME - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:36	9.5	5:29	8.5	11:20	-0.1	11:39	1.1	5:35	7:43	
2	Wed	5:44	9.0	6:33	8.4			12:24	0.3	5:34	7:44	
3	Thu	6:51	8.7	7:34	8.5	12:49	1.2	1:27	0.5	5:33	7:45	
4	Fri	7:55	8.5	8:30	8.7	1:57	1.1	2:26	0.7	5:31	7:46	
5	Sat	8:54	8.5	9:19	8.9	2:58	0.9	3:18	0.8	5:30	7:47	
6	Sun	9:46	8.4	10:03	9.1	3:51	0.6	4:04	0.8	5:29	7:49	
7	Mon	10:32	8.4	10:42	9.3	4:37	0.4	4:44	0.9	5:27	7:50	
8	Tue	11:15	8.4	11:19	9.3	5:19	0.2	5:22	1.0	5:26	7:51	
9	Wed	11:55	8.3	11:55	9.3	5:57	0.1	5:58	1.1	5:25	7:52	
10	Thu			12:33	8.2	6:33	0.1	6:33	1.3	5:24	7:53	
11	Fri	12:30	9.3	1:10	8.1	7:09	0.2	7:08	1.4	5:23	7:54	
12	Sat	1:05	9.2	1:47	8.0	7:44	0.3	7:44	1.5	5:21	7:55	
13	Sun	1:41	9.1	2:24	7.9	8:21	0.4	8:22	1.6	5:20	7:56	
14	Mon	2:19	9.0	3:05	7.8	9:00	0.5	9:04	1.7	5:19	7:57	
15	Tue	3:01	8.8	3:49	7.7	9:43	0.6	9:51	1.7	5:18	7:58	
16	Wed	3:48	8.7	4:36	7.8	10:29	0.7	10:42	1.6	5:17	8:00	
17	Thu	4:39	8.6	5:25	8.1	11:18	0.7	11:38	1.5	5:16	8:01	
18	Fri	5:34	8.6	6:17	8.4			12:09	0.6	5:15	8:02	
19	Sat	6:32	8.6	7:09	8.9	12:36	1.2	1:02	0.5	5:14	8:03	
20	Sun	7:33	8.7	8:03	9.5	1:36	0.7	1:57	0.4	5:13	8:04	
21	Mon	8:34	8.9	8:56	10.1	2:36	0.1	2:51	0.2	5:12	8:05	
22	Tue	9:32	9.1	9:47	10.6	3:34	-0.5	3:45	0.0	5:12	8:06	
23	Wed	10:28	9.4	10:39	11.0	4:28	-1.1	4:38	-0.2	5:11	8:07	
24	Thu	11:23	9.5	11:33	11.2	5:22	-1.4	5:31	-0.3	5:10	8:08	
25	Fri			12:19	9.5	6:16	-1.6	6:25	-0.2	5:09	8:09	
26	Sat	12:27	11.2	1:14	9.5	7:11	-1.6	7:19	-0.1	5:09	8:09	
27	Sun	1:22	10.9	2:09	9.3	8:05	-1.3	8:15	0.2	5:08	8:10	
28	Mon	2:18	10.6	3:06	9.1	9:01	-1.0	9:14	0.5	5:07	8:11	
29	Tue	3:16	10.0	4:06	8.9	9:58	-0.5	10:16	0.8	5:07	8:12	
30	Wed	4:17	9.5	5:05	8.8	10:56	-0.1	11:19	1.0	5:06	8:13	
31	Thu	5:19	9.0	6:02	8.7	11:53	0.3			5:06	8:14	