

































York, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:42	7.8	7:06	8.7	12:48	1.2	12:58	1.4	5:06	8:26	
2	Mon	7:41	7.6	7:58	8.7	1:48	1.2	1:51	1.6	5:07	8:25	
3	Tue	8:38	7.5	8:49	8.8	2:45	1.1	2:44	1.8	5:07	8:25	
4	Wed	9:31	7.5	9:36	8.9	3:37	0.9	3:33	1.8	5:08	8:25	
5	Thu	10:18	7.6	10:20	9.0	4:23	0.8	4:18	1.7	5:08	8:25	
6	Fri	11:03	7.7	11:02	9.2	5:06	0.6	5:00	1.6	5:09	8:24	
7	Sat	11:44	7.9	11:42	9.3	5:46	0.4	5:40	1.4	5:10	8:24	
8	Sun			12:24	8.0	6:23	0.3	6:19	1.3	5:10	8:24	
9	Mon	12:20	9.4	1:01	8.2	6:59	0.1	6:58	1.1	5:11	8:23	
10	Tue	12:58	9.5	1:37	8.4	7:35	0.0	7:38	1.0	5:12	8:23	
11	Wed	1:36	9.5	2:13	8.6	8:11	-0.1	8:20	0.8	5:13	8:22	
12	Thu	2:16	9.4	2:52	8.9	8:49	-0.1	9:05	0.7	5:14	8:22	
13	Fri	3:00	9.3	3:34	9.1	9:31	-0.1	9:55	0.5	5:14	8:21	
14	Sat	3:49	9.1	4:21	9.4	10:16	0.0	10:48	0.4	5:15	8:21	
15	Sun	4:42	8.8	5:11	9.5	11:05	0.2	11:45	0.3	5:16	8:20	
16	Mon	5:40	8.5	6:06	9.7	11:58	0.4			5:17	8:19	
17	Tue	6:43	8.3	7:05	9.8	12:46	0.2	12:56	0.6	5:18	8:19	
18	Wed	7:50	8.3	8:09	10.0	1:52	0.1	1:59	0.7	5:19	8:18	
19	Thu	8:57	8.4	9:11	10.3	2:58	-0.2	3:03	0.6	5:20	8:17	
20	Fri	9:59	8.6	10:11	10.5	3:59	-0.5	4:04	0.4	5:20	8:16	
21	Sat	10:57	8.8	11:08	10.6	4:57	-0.8	5:02	0.2	5:21	8:15	
22	Sun	11:52	9.1			5:51	-0.9	5:58	0.1	5:22	8:15	
23	Mon	12:02	10.6	12:43	9.3	6:42	-1.0	6:51	0.0	5:23	8:14	
24	Tue	12:54	10.5	1:32	9.3	7:30	-0.9	7:43	0.1	5:24	8:13	
25	Wed	1:43	10.1	2:18	9.3	8:16	-0.6	8:33	0.2	5:25	8:12	
26	Thu	2:32	9.6	3:04	9.2	9:01	-0.2	9:24	0.5	5:26	8:11	
27	Fri	3:21	9.1	3:51	9.0	9:46	0.3	10:16	0.7	5:27	8:10	
28	Sat	4:13	8.5	4:39	8.8	10:32	0.8	11:09	1.0	5:28	8:09	
29	Sun	5:06	8.0	5:28	8.6	11:20	1.3			5:29	8:08	
30	Mon	6:01	7.6	6:19	8.5	12:04	1.2	12:10	1.6	5:30	8:06	
31	Tue	6:59	7.3	7:13	8.4	1:02	1.4	1:04	1.9	5:31	8:05	