

































York, ME - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:24	7.8	6:18	6.8			12:13	1.5	6:17	5:32	
2	Sun	6:27	7.9	7:19	7.0	12:17	2.1	1:17	1.3	6:15	5:33	
3	Mon	7:26	8.2	8:11	7.3	1:19	1.9	2:12	1.0	6:14	5:34	
4	Tue	8:18	8.6	8:57	7.8	2:14	1.5	2:58	0.6	6:12	5:35	
5	Wed	9:04	9.0	9:37	8.4	3:02	1.0	3:38	0.1	6:10	5:37	
6	Thu	9:47	9.4	10:16	8.9	3:46	0.4	4:17	-0.3	6:09	5:38	
7	Fri	10:30	9.7	10:55	9.5	4:29	-0.1	4:55	-0.6	6:07	5:39	
8	Sat	11:12	9.9	11:34	9.9	5:13	-0.6	5:35	-0.8	6:05	5:40	
9	Sun			12:56	9.9	6:57	-1.0	7:16	-0.8	7:03	6:41	
10	Mon	1:14	10.2	1:41	9.7	7:43	-1.2	7:59	-0.7	7:02	6:43	
11	Tue	1:58	10.3	2:30	9.4	8:31	-1.1	8:45	-0.4	7:00	6:44	
12	Wed	2:45	10.2	3:23	8.9	9:23	-0.9	9:37	0.1	6:58	6:45	
13	Thu	3:39	9.9	4:24	8.4	10:21	-0.5	10:35	0.6	6:56	6:46	
14	Fri	4:40	9.5	5:31	8.0	11:25	-0.1	11:39	1.0	6:55	6:48	
15	Sat	5:48	9.1	6:43	7.8			12:36	0.2	6:53	6:49	
16	Sun	7:01	8.9	7:56	7.9	12:51	1.2	1:50	0.3	6:51	6:50	
17	Mon	8:14	9.0	9:01	8.2	2:06	1.1	2:58	0.2	6:49	6:51	
18	Tue	9:17	9.2	9:56	8.6	3:14	0.8	3:56	0.0	6:48	6:52	
19	Wed	10:12	9.4	10:44	9.0	4:11	0.4	4:45	-0.2	6:46	6:53	
20	Thu	11:01	9.4	11:26	9.2	5:02	0.1	5:28	-0.2	6:44	6:55	
21	Fri	11:46	9.4			5:47	-0.2	6:08	-0.2	6:42	6:56	
22	Sat	12:05	9.4	12:27	9.2	6:29	-0.3	6:44	0.0	6:40	6:57	
23	Sun	12:42	9.4	1:06	9.0	7:08	-0.3	7:19	0.3	6:39	6:58	
24	Mon	1:16	9.3	1:44	8.6	7:45	-0.1	7:54	0.6	6:37	6:59	
25	Tue	1:50	9.2	2:22	8.3	8:23	0.1	8:29	1.0	6:35	7:01	
26	Wed	2:26	8.9	3:02	7.9	9:02	0.4	9:08	1.3	6:33	7:02	
27	Thu	3:05	8.6	3:47	7.5	9:44	0.7	9:51	1.7	6:32	7:03	
28	Fri	3:50	8.3	4:37	7.2	10:32	1.0	10:39	1.9	6:30	7:04	
29	Sat	4:41	8.1	5:32	7.0	11:25	1.3	11:33	2.1	6:28	7:05	
30	Sun	5:38	8.0	6:31	7.0			12:22	1.4	6:26	7:06	
31	Mon	6:38	8.0	7:30	7.2	12:32	2.1	1:22	1.3	6:24	7:08	