US HARBORS www.USHarbors.com

York, ME - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:15	9.5	1:42	8.7	7:46	-0.3	7:59	0.2	6:17	5:31	
2	Mon	1:57	9.5	2:31	8.4	8:34	-0.2	8:47	0.4	6:16	5:33	
3	Tue	2:47	9.4	3:27	8.1	9:28	0.0	9:41	0.7	6:14	5:34	
4	Wed	3:44	9.2	4:31	7.8	10:29	0.2	10:42	0.9	6:12	5:35	
5	Thu	4:49	9.1	5:41	7.7	11:37	0.3	11:50	1.0	6:11	5:36	
6	Fri	6:00	9.1	6:55	7.9			12:49	0.2	6:09	5:37	
7	Sat	7:13	9.3	8:01	8.3	1:03	0.8	1:58	-0.1	6:07	5:39	
8	Sun	9:18	9.7	9:58	8.9	3:12	0.4	3:57	-0.5	7:05	6:40	
9	Mon	10:16	10.0	10:50	9.4	4:12	-0.1	4:50	-0.9	7:04	6:41	
10	Tue	11:09	10.2	11:38	9.8	5:07	-0.6	5:38	-1.0	7:02	6:42	
11	Wed	11:59	10.2			5:58	-0.9	6:23	-1.0	7:00	6:44	
12	Thu	12:22	10.1	12:46	10.0	6:46	-1.0	7:06	-0.7	6:59	6:45	
13	Fri	1:05	10.1	1:32	9.6	7:32	-1.0	7:48	-0.4	6:57	6:46	
14	Sat	1:46	9.9	2:17	9.1	8:17	-0.7	8:29	0.1	6:55	6:47	
15	Sun	2:28	9.6	3:03	8.5	9:02	-0.3	9:13	0.7	6:53	6:48	
16	Mon	3:12	9.1	3:52	8.0	9:50	0.2	9:59	1.2	6:52	6:50	
17	Tue	4:00	8.7	4:45	7.5	10:42	0.7	10:50	1.6	6:50	6:51	
18	Wed	4:54	8.3	5:43	7.2	11:38	1.1	11:46	1.9	6:48	6:52	
19	Thu	5:52	8.0	6:44	7.0			12:39	1.3	6:46	6:53	
20	Fri	6:54	7.9	7:45	7.1	12:48	2.1	1:43	1.4	6:44	6:54	
21	Sat	7:56	8.0	8:40	7.4	1:52	2.0	2:41	1.2	6:43	6:56	
22	Sun	8:51	8.2	9:27	7.8	2:50	1.7	3:29	1.0	6:41	6:57	
23	Mon	9:38	8.5	10:08	8.2	3:40	1.3	4:09	0.7	6:39	6:58	
24	Tue	10:21	8.8	10:45	8.7	4:22	0.8	4:46	0.4	6:37	6:59	
25	Wed	11:01	9.0	11:20	9.1	5:02	0.4	5:21	0.2	6:36	7:00	
26	Thu	11:40	9.2	11:55	9.5	5:41	-0.1	5:56	0.0	6:34	7:01	
27	Fri			12:19	9.2	6:20	-0.4	6:32	-0.1	6:32	7:03	
28	Sat	12:31	9.8	12:59	9.2	7:00	-0.7	7:11	-0.1	6:30	7:04	
29	Sun	1:09	10.0	1:41	9.1	7:42	-0.8	7:53	0.0	6:28	7:05	
30	Mon	1:50	10.0	2:27	8.8	8:28	-0.7	8:39	0.2	6:27	7:06	
31	Tue	2:37	9.9	3:19	8.5	9:19	-0.5	9:30	0.5	6:25	7:07	