




















## York, ME - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:40	7.6	8:51	8.9	2:44	0.8	2:47	1.6	5:33	8:04	
2	Sun	9:34	7.6	9:41	9.0	3:39	0.8	3:40	1.6	5:34	8:03	
3	Mon	10:21	7.8	10:27	9.1	4:27	0.6	4:26	1.4	5:35	8:01	
4	Tue	11:05	8.0	11:08	9.2	5:10	0.5	5:08	1.3	5:36	8:00	
5	Wed	11:44	8.1	11:47	9.3	5:48	0.4	5:48	1.1	5:37	7:59	
6	Thu			12:21	8.3	6:23	0.3	6:25	1.0	5:38	7:57	
7	Fri	12:24	9.3	12:55	8.5	6:55	0.2	7:01	0.9	5:39	7:56	
8	Sat	12:59	9.2	1:27	8.6	7:26	0.2	7:37	0.8	5:40	7:55	
9	Sun	1:33	9.1	1:59	8.8	7:58	0.3	8:14	0.7	5:42	7:53	
10	Mon	2:09	8.9	2:32	8.9	8:32	0.4	8:54	0.7	5:43	7:52	
11	Tue	2:48	8.7	3:09	9.0	9:09	0.5	9:38	0.6	5:44	7:51	
12	Wed	3:31	8.4	3:52	9.1	9:51	0.7	10:27	0.6	5:45	7:49	
13	Thu	4:21	8.2	4:41	9.2	10:38	0.8	11:21	0.6	5:46	7:48	
14	Fri	5:16	8.0	5:36	9.3	11:31	1.0			5:47	7:46	
15	Sat	6:18	7.8	6:38	9.4	12:20	0.6	12:30	1.0	5:48	7:45	
16	Sun	7:25	7.9	7:44	9.7	1:26	0.4	1:35	0.9	5:49	7:43	
17	Mon	8:33	8.2	8:50	10.0	2:33	0.1	2:41	0.7	5:50	7:42	
18	Tue	9:35	8.6	9:51	10.4	3:36	-0.3	3:44	0.2	5:51	7:40	
19	Wed	10:32	9.2	10:48	10.7	4:33	-0.8	4:43	-0.2	5:52	7:39	
20	Thu	11:25	9.7	11:43	10.8	5:25	-1.1	5:39	-0.6	5:54	7:37	
21	Fri			12:17	10.0	6:16	-1.3	6:34	-0.9	5:55	7:35	
22	Sat	12:36	10.7	1:06	10.2	7:05	-1.2	7:26	-0.9	5:56	7:34	
23	Sun	1:28	10.4	1:53	10.2	7:52	-0.9	8:18	-0.7	5:57	7:32	
24	Mon	2:19	9.9	2:42	10.0	8:39	-0.4	9:11	-0.4	5:58	7:31	
25	Tue	3:12	9.3	3:32	9.7	9:28	0.1	10:06	0.0	5:59	7:29	
26	Wed	4:07	8.7	4:25	9.3	10:20	0.7	11:04	0.4	6:00	7:27	
27	Thu	5:05	8.1	5:22	8.9	11:15	1.2			6:01	7:26	
28	Fri	6:05	7.7	6:21	8.6	12:05	0.8	12:13	1.6	6:02	7:24	
29	Sat	7:07	7.5	7:22	8.5	1:08	1.1	1:15	1.8	6:03	7:22	
30	Sun	8:08	7.4	8:20	8.5	2:11	1.2	2:16	1.8	6:05	7:21	
31	Mon	9:02	7.6	9:13	8.7	3:08	1.0	3:12	1.6	6:06	7:19	