US HARBORS www.USHarbors.com

York, ME - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:09**	10.8	**11:35**	10.6	**5:07**	-1.4	**5:35**	-1.6	6:18	5:31	
2	Tue			**12:00**	10.6	**5:58**	-1.6	**6:22**	-1.5	6:16	5:32	
3	Wed	**12:23**	10.6	**12:51**	10.2	**6:49**	-1.6	**7:09**	-1.1	6:14	5:33	
4	Thu	**1:10**	10.5	**1:42**	9.6	**7:41**	-1.3	**7:58**	-0.5	6:13	5:35	
5	Fri	**2:00**	10.1	**2:37**	8.9	**8:35**	-0.8	**8:50**	0.2	6:11	5:36	
6	Sat	**2:53**	9.5	**3:35**	8.3	**9:32**	-0.2	**9:45**	0.8	6:09	5:37	
7	Sun	**3:50**	9.0	**4:37**	7.8	**10:33**	0.3	**10:45**	1.3	6:08	5:38	
8	Mon	**4:52**	8.6	**5:42**	7.4	**11:38**	0.8	**11:51**	1.6	6:06	5:40	
9	Tue	**5:57**	8.3	**6:46**	7.4			**12:46**	1.0	6:04	5:41	
10	Wed	**7:01**	8.2	**7:45**	7.5	**12:58**	1.7	**1:48**	0.9	6:02	5:42	
11	Thu	**7:59**	8.4	**8:36**	7.8	**1:59**	1.5	**2:40**	0.8	6:01	5:43	
12	Fri	**8:48**	8.6	**9:19**	8.1	**2:50**	1.2	**3:24**	0.6	5:59	5:45	
13	Sat	**9:31**	8.7	**9:58**	8.4	**3:34**	0.9	**4:02**	0.4	5:57	5:46	
14	Sun	**11:10**	8.8	**11:33**	8.7	**5:14**	0.6	**5:36**	0.3	6:55	6:47	
15	Mon	**11:47**	8.9			**5:50**	0.4	**6:07**	0.3	6:54	6:48	
16	Tue	**12:05**	8.9	**12:23**	8.9	**6:24**	0.2	**6:38**	0.3	6:52	6:49	
17	Wed	**12:36**	9.1	**12:57**	8.8	**6:58**	0.0	**7:09**	0.3	6:50	6:51	
18	Thu	**1:07**	9.2	**1:31**	8.7	**7:33**	0.0	**7:42**	0.4	6:48	6:52	
19	Fri	**1:39**	9.2	**2:07**	8.5	**8:09**	-0.1	**8:19**	0.6	6:47	6:53	
20	Sat	**2:15**	9.2	**2:47**	8.2	**8:50**	0.0	**9:00**	0.7	6:45	6:54	
21	Sun	**2:56**	9.2	**3:34**	8.0	**9:36**	0.1	**9:46**	0.9	6:43	6:55	
22	Mon	**3:45**	9.1	**4:28**	7.8	**10:29**	0.3	**10:41**	1.1	6:41	6:56	
23	Tue	**4:42**	9.0	**5:30**	7.7	**11:28**	0.4	**11:41**	1.1	6:40	6:58	
24	Wed	**5:46**	9.0	**6:37**	7.8			**12:32**	0.4	6:38	6:59	
25	Thu	**6:55**	9.1	**7:45**	8.2	**12:48**	1.0	**1:39**	0.2	6:36	7:00	
26	Fri	**8:05**	9.3	**8:48**	8.8	**1:59**	0.7	**2:44**	-0.2	6:34	7:01	
27	Sat	**9:09**	9.7	**9:43**	9.5	**3:05**	0.1	**3:41**	-0.6	6:32	7:02	
28	Sun	**10:07**	10.1	**10:35**	10.1	**4:04**	-0.6	**4:34**	-0.9	6:31	7:03	
29	Mon	**11:01**	10.3	**11:24**	10.5	**4:59**	-1.1	**5:23**	-1.1	6:29	7:05	
30	Tue	**11:53**	10.3			**5:51**	-1.5	**6:11**	-1.1	6:27	7:06	
31	Wed	**12:11**	10.7	**12:43**	10.1	**6:42**	-1.6	**6:58**	-0.8	6:25	7:07	