US HARBORS www.USHarbors.com

York, ME - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:31	8.3	3:54	8.6	9:50	0.9	10:21	1.2	5:33	8:04	
2	Mon	4:16	7.9	4:37	8.6	10:32	1.2	11:09	1.2	5:34	8:03	
3	Tue	5:05	7.7	5:24	8.7	11:18	1.3			5:35	8:02	
4	Wed	5:58	7.5	6:17	8.8	12:02	1.2	12:09	1.4	5:36	8:00	
5	Thu	6:57	7.5	7:14	9.0	1:00	1.1	1:05	1.4	5:37	7:59	
6	Fri	8:00	7.6	8:15	9.4	2:02	0.8	2:06	1.2	5:38	7:58	
7	Sat	9:00	8.0	9:13	9.9	3:02	0.4	3:06	0.8	5:39	7:56	
8	Sun	9:56	8.5	10:09	10.4	3:58	-0.2	4:03	0.3	5:40	7:55	
9	Mon	10:49	9.1	11:03	10.7	4:50	-0.7	4:59	-0.2	5:41	7:54	
10	Tue	11:40	9.6	11:56	10.9	5:40	-1.1	5:53	-0.6	5:42	7:52	
11	Wed			12:31	10.1	6:30	-1.4	6:47	-0.9	5:43	7:51	
12	Thu	12:49	10.9	1:21	10.4	7:19	-1.5	7:40	-1.1	5:45	7:50	
13	Fri	1:42	10.7	2:11	10.5	8:08	-1.3	8:35	-1.0	5:46	7:48	
14	Sat	2:36	10.2	3:03	10.4	8:58	-0.9	9:31	-0.7	5:47	7:47	
15	Sun	3:33	9.7	3:58	10.1	9:51	-0.4	10:31	-0.4	5:48	7:45	
16	Mon	4:33	9.1	4:56	9.8	10:48	0.2	11:34	0.0	5:49	7:44	
17	Tue	5:36	8.5	5:57	9.5	11:48	0.7			5:50	7:42	
18	Wed	6:41	8.1	7:00	9.2	12:40	0.4	12:51	1.1	5:51	7:41	
19	Thu	7:47	7.9	8:04	9.1	1:47	0.6	1:56	1.3	5:52	7:39	
20	Fri	8:48	7.9	9:02	9.1	2:51	0.6	2:58	1.3	5:53	7:37	
21	Sat	9:42	8.0	9:53	9.2	3:46	0.5	3:52	1.2	5:54	7:36	
22	Sun	10:29	8.2	10:39	9.2	4:34	0.4	4:39	1.0	5:55	7:34	
23	Mon	11:11	8.4	11:20	9.3	5:16	0.3	5:21	0.9	5:57	7:33	
24	Tue	11:49	8.6	11:58	9.2	5:53	0.3	6:00	0.8	5:58	7:31	
25	Wed			12:24	8.7	6:27	0.3	6:37	0.7	5:59	7:29	
26	Thu	12:34	9.1	12:57	8.8	6:58	0.4	7:12	0.6	6:00	7:28	
27	Fri	1:09	9.0	1:28	8.9	7:29	0.5	7:47	0.6	6:01	7:26	
28	Sat	1:44	8.7	2:00	8.9	8:01	0.6	8:23	0.7	6:02	7:24	
29	Sun	2:19	8.5	2:34	8.8	8:35	0.8	9:02	0.8	6:03	7:23	
30	Mon	2:58	8.2	3:12	8.8	9:13	1.0	9:45	0.8	6:04	7:21	
31	Tue	3:41	7.9	3:56	8.8	9:55	1.2	10:34	0.9	6:05	7:19	