






























York, ME - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:47	8.1	9:17	8.3	2:52	1.6	3:15	1.1	5:35	7:43	
2	Tue	9:34	8.3	9:56	8.8	3:39	1.2	3:54	0.9	5:34	7:44	
3	Wed	10:17	8.5	10:32	9.2	4:21	0.7	4:31	0.7	5:33	7:45	
4	Thu	10:59	8.6	11:07	9.5	5:00	0.2	5:08	0.6	5:31	7:46	
5	Fri	11:40	8.7	11:44	9.8	5:40	-0.1	5:46	0.5	5:30	7:47	
6	Sat			12:21	8.8	6:20	-0.5	6:26	0.5	5:29	7:49	
7	Sun	12:23	10.0	1:04	8.8	7:02	-0.6	7:08	0.5	5:27	7:50	
8	Mon	1:05	10.1	1:49	8.7	7:47	-0.7	7:54	0.6	5:26	7:51	
9	Tue	1:51	10.1	2:38	8.5	8:36	-0.6	8:44	0.8	5:25	7:52	
10	Wed	2:42	9.9	3:34	8.4	9:29	-0.4	9:40	0.9	5:24	7:53	
11	Thu	3:40	9.7	4:36	8.3	10:27	-0.2	10:42	1.1	5:23	7:54	
12	Fri	4:44	9.4	5:40	8.4	11:29	0.0	11:49	1.1	5:22	7:55	
13	Sat	5:52	9.2	6:44	8.6			12:33	0.1	5:20	7:56	
14	Sun	7:01	9.1	7:46	9.0	12:59	0.9	1:36	0.1	5:19	7:57	
15	Mon	8:08	9.1	8:43	9.4	2:08	0.6	2:36	0.1	5:18	7:59	
16	Tue	9:09	9.1	9:35	9.8	3:11	0.2	3:31	0.1	5:17	8:00	
17	Wed	10:05	9.2	10:22	10.1	4:07	-0.3	4:20	0.1	5:16	8:01	
18	Thu	10:57	9.1	11:08	10.2	4:58	-0.6	5:07	0.2	5:15	8:02	
19	Fri	11:46	9.0	11:51	10.1	5:46	-0.7	5:52	0.4	5:14	8:03	
20	Sat			12:32	8.9	6:32	-0.7	6:36	0.7	5:13	8:04	
21	Sun	12:34	10.0	1:17	8.6	7:15	-0.5	7:18	1.0	5:13	8:05	
22	Mon	1:16	9.7	2:00	8.4	7:58	-0.2	8:00	1.2	5:12	8:06	
23	Tue	1:58	9.4	2:45	8.1	8:41	0.1	8:44	1.5	5:11	8:07	
24	Wed	2:42	9.0	3:31	7.9	9:26	0.5	9:31	1.8	5:10	8:08	
25	Thu	3:29	8.7	4:20	7.7	10:13	0.8	10:21	2.0	5:09	8:09	
26	Fri	4:20	8.4	5:10	7.7	11:02	1.0	11:14	2.1	5:09	8:10	
27	Sat	5:12	8.2	6:00	7.7	11:50	1.2			5:08	8:10	
28	Sun	6:06	8.0	6:49	7.9	12:09	2.0	12:38	1.3	5:07	8:11	
29	Mon	7:01	7.9	7:37	8.2	1:05	1.9	1:27	1.3	5:07	8:12	
30	Tue	7:56	7.9	8:23	8.6	2:01	1.6	2:15	1.3	5:06	8:13	
31	Wed	8:48	8.0	9:05	9.0	2:52	1.2	3:00	1.2	5:06	8:14	