US HARBORS www.USHarbors.com

York, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:05	8.9	4:45	8.6	10:38	0.4	11:04	1.3	5:07	8:26	
2	Wed	4:59	8.4	5:34	8.6	11:26	0.9			5:07	8:25	
3	Thu	5:54	7.9	6:23	8.5	12:00	1.4	12:14	1.3	5:08	8:25	
4	Fri	6:50	7.6	7:13	8.5	12:57	1.4	1:03	1.6	5:08	8:25	
5	Sat	7:48	7.4	8:03	8.5	1:55	1.4	1:55	1.8	5:09	8:25	
6	Sun	8:44	7.3	8:52	8.7	2:50	1.2	2:47	1.9	5:10	8:24	
7	Mon	9:35	7.4	9:38	8.8	3:41	1.0	3:35	1.9	5:10	8:24	
8	Tue	10:23	7.5	10:22	9.0	4:26	0.8	4:20	1.7	5:11	8:23	
9	Wed	11:07	7.7	11:04	9.2	5:09	0.6	5:02	1.6	5:12	8:23	
10	Thu	11:49	7.9	11:45	9.4	5:49	0.4	5:43	1.4	5:12	8:23	
11	Fri			12:29	8.0	6:28	0.1	6:24	1.2	5:13	8:22	
12	Sat	12:26	9.6	1:08	8.3	7:06	-0.1	7:06	1.0	5:14	8:21	
13	Sun	1:06	9.7	1:46	8.5	7:44	-0.2	7:49	0.8	5:15	8:21	
14	Mon	1:48	9.7	2:27	8.8	8:24	-0.3	8:35	0.6	5:16	8:20	
15	Tue	2:32	9.6	3:09	9.1	9:06	-0.3	9:25	0.5	5:17	8:20	
16	Wed	3:20	9.4	3:56	9.3	9:51	-0.2	10:18	0.4	5:17	8:19	
17	Thu	4:13	9.1	4:46	9.5	10:40	0.0	11:15	0.3	5:18	8:18	
18	Fri	5:11	8.8	5:39	9.7	11:31	0.2			5:19	8:17	
19	Sat	6:12	8.5	6:36	9.8	12:15	0.2	12:27	0.5	5:20	8:17	
20	Sun	7:18	8.3	7:38	9.9	1:19	0.1	1:28	0.7	5:21	8:16	
21	Mon	8:25	8.2	8:41	10.0	2:26	0.0	2:32	0.8	5:22	8:15	
22	Tue	9:29	8.3	9:41	10.2	3:30	-0.3	3:34	0.7	5:23	8:14	
23	Wed	10:28	8.5	10:38	10.3	4:29	-0.5	4:33	0.6	5:24	8:13	
24	Thu	11:24	8.7	11:33	10.3	5:24	-0.6	5:28	0.4	5:25	8:12	
25	Fri			12:16	8.8	6:16	-0.7	6:20	0.4	5:26	8:11	
26	Sat	12:24	10.3	1:04	8.9	7:04	-0.6	7:10	0.4	5:27	8:10	
27	Sun	1:12	10.0	1:49	9.0	7:48	-0.5	7:58	0.5	5:28	8:09	
28	Mon	1:58	9.7	2:32	8.9	8:31	-0.2	8:46	0.7	5:29	8:08	
29	Tue	2:43	9.2	3:15	8.8	9:13	0.2	9:34	0.9	5:30	8:07	
30	Wed	3:30	8.7	3:59	8.7	9:55	0.7	10:23	1.1	5:31	8:06	
31	Thu	4:19	8.2	4:44	8.6	10:38	1.1	11:14	1.3	5:32	8:05	