

































York, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:22	10.2	9:09	8.7	2:16	0.3	3:08	-0.9	7:14	4:18	
2	Fri	9:19	10.5	10:06	8.9	3:15	0.1	4:05	-1.2	7:14	4:19	
3	Sat	10:16	10.7	11:01	9.1	4:11	-0.1	5:00	-1.4	7:14	4:19	
4	Sun	11:10	10.7	11:54	9.2	5:06	-0.2	5:52	-1.4	7:14	4:20	
5	Mon			12:03	10.6	6:00	-0.2	6:43	-1.3	7:14	4:21	
6	Tue	12:44	9.2	12:55	10.2	6:53	-0.1	7:32	-1.0	7:13	4:22	
7	Wed	1:35	9.1	1:47	9.7	7:46	0.1	8:21	-0.5	7:13	4:23	
8	Thu	2:25	9.0	2:40	9.1	8:41	0.4	9:11	0.0	7:13	4:24	
9	Fri	3:16	8.8	3:36	8.5	9:38	0.7	10:01	0.5	7:13	4:26	
10	Sat	4:08	8.6	4:33	7.9	10:36	0.9	10:52	1.0	7:13	4:27	
11	Sun	5:00	8.4	5:32	7.5	11:36	1.1	11:45	1.4	7:12	4:28	
12	Mon	5:53	8.3	6:33	7.2			12:37	1.1	7:12	4:29	
13	Tue	6:48	8.3	7:32	7.2	12:42	1.7	1:37	1.0	7:12	4:30	
14	Wed	7:41	8.4	8:25	7.3	1:38	1.7	2:30	0.8	7:11	4:31	
15	Thu	8:30	8.6	9:13	7.5	2:29	1.7	3:17	0.6	7:11	4:32	
16	Fri	9:15	8.8	9:56	7.7	3:14	1.5	3:59	0.4	7:10	4:34	
17	Sat	9:56	9.0	10:36	7.8	3:55	1.3	4:38	0.2	7:10	4:35	
18	Sun	10:35	9.2	11:14	8.0	4:34	1.1	5:14	0.0	7:09	4:36	
19	Mon	11:13	9.4	11:49	8.2	5:12	0.8	5:49	-0.2	7:08	4:37	
20	Tue	11:49	9.5			5:50	0.6	6:23	-0.3	7:08	4:39	
21	Wed	12:23	8.5	12:26	9.5	6:28	0.5	6:58	-0.4	7:07	4:40	
22	Thu	12:58	8.7	1:05	9.4	7:09	0.3	7:36	-0.4	7:06	4:41	
23	Fri	1:36	8.9	1:48	9.1	7:53	0.2	8:17	-0.2	7:05	4:42	
24	Sat	2:17	9.1	2:37	8.8	8:42	0.2	9:02	0.0	7:05	4:44	
25	Sun	3:04	9.2	3:31	8.4	9:36	0.2	9:52	0.3	7:04	4:45	
26	Mon	3:56	9.2	4:31	8.1	10:34	0.2	10:47	0.6	7:03	4:46	
27	Tue	4:54	9.2	5:38	7.8	11:38	0.2	11:49	0.8	7:02	4:48	
28	Wed	5:58	9.3	6:50	7.8			12:48	0.1	7:01	4:49	
29	Thu	7:07	9.5	7:59	8.0	12:57	0.8	1:57	-0.2	7:00	4:50	
30	Fri	8:12	9.8	9:01	8.3	2:05	0.6	3:00	-0.6	6:59	4:52	
31	Sat	9:13	10.1	9:57	8.7	3:07	0.3	3:57	-0.9	6:58	4:53	