US HARBORS www.USHarbors.com

York, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:07**	9.7	**9:45**	8.8	**3:02**	0.4	**3:45**	-0.6	6:17	5:31	
2	Mon	**10:00**	9.9	**10:32**	9.2	**3:57**	0.0	**4:33**	-0.7	6:16	5:32	
3	Tue	**10:48**	9.9	**11:16**	9.4	**4:47**	-0.3	**5:17**	-0.7	6:14	5:34	
4	Wed	**11:33**	9.8	**11:56**	9.5	**5:34**	-0.5	**5:58**	-0.6	6:12	5:35	
5	Thu			**12:16**	9.5	**6:17**	-0.5	**6:36**	-0.3	6:11	5:36	
6	Fri	**12:34**	9.5	**12:57**	9.0	**6:59**	-0.3	**7:13**	0.1	6:09	5:37	
7	Sat	**1:11**	9.3	**1:39**	8.6	**7:40**	-0.1	**7:51**	0.6	6:07	5:39	
8	Sun	**1:50**	9.0	**3:23**	8.1	**9:23**	0.3	**9:32**	1.1	7:06	6:40	
9	Mon	**3:31**	8.6	**4:11**	7.6	**10:09**	0.7	**10:16**	1.5	7:04	6:41	
10	Tue	**4:18**	8.3	**5:03**	7.2	**11:00**	1.1	**11:06**	1.9	7:02	6:42	
11	Wed	**5:11**	8.0	**6:01**	6.9	**11:56**	1.4			7:00	6:43	
12	Thu	**6:09**	7.8	**7:04**	6.8	**12:02**	2.1	**12:58**	1.5	6:59	6:45	
13	Fri	**7:12**	7.9	**8:05**	7.0	**1:03**	2.2	**2:02**	1.4	6:57	6:46	
14	Sat	**8:13**	8.1	**8:59**	7.3	**2:07**	2.0	**2:58**	1.1	6:55	6:47	
15	Sun	**9:06**	8.4	**9:44**	7.8	**3:03**	1.6	**3:45**	0.7	6:53	6:48	
16	Mon	**9:53**	8.9	**10:24**	8.4	**3:51**	1.1	**4:25**	0.3	6:52	6:49	
17	Tue	**10:36**	9.2	**11:02**	8.9	**4:35**	0.5	**5:03**	-0.1	6:50	6:51	
18	Wed	**11:17**	9.5	**11:40**	9.5	**5:17**	0.0	**5:41**	-0.4	6:48	6:52	
19	Thu	**11:59**	9.7			**6:00**	-0.5	**6:19**	-0.6	6:46	6:53	
20	Fri	**12:18**	9.9	**12:42**	9.7	**6:43**	-0.9	**6:59**	-0.6	6:45	6:54	
21	Sat	**12:58**	10.2	**1:27**	9.6	**7:28**	-1.1	**7:42**	-0.5	6:43	6:55	
22	Sun	**1:40**	10.3	**2:14**	9.3	**8:15**	-1.1	**8:28**	-0.2	6:41	6:57	
23	Mon	**2:26**	10.2	**3:06**	8.9	**9:05**	-0.9	**9:18**	0.2	6:39	6:58	
24	Tue	**3:18**	9.9	**4:05**	8.4	**10:02**	-0.5	**10:15**	0.6	6:38	6:59	
25	Wed	**4:18**	9.5	**5:11**	8.0	**11:05**	-0.1	**11:18**	1.0	6:36	7:00	
26	Thu	**5:26**	9.2	**6:22**	7.8			**12:14**	0.2	6:34	7:01	
27	Fri	**6:39**	9.0	**7:34**	7.9	**12:29**	1.2	**1:27**	0.3	6:32	7:02	
28	Sat	**7:52**	9.0	**8:41**	8.2	**1:44**	1.2	**2:37**	0.2	6:30	7:04	
29	Sun	**8:58**	9.1	**9:37**	8.7	**2:55**	0.8	**3:36**	0.0	6:29	7:05	
30	Mon	**9:55**	9.3	**10:26**	9.1	**3:55**	0.4	**4:26**	-0.1	6:27	7:06	
31	Tue	**10:46**	9.4	**11:10**	9.4	**4:46**	0.0	**5:11**	-0.2	6:25	7:07	