

































York, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:07	9.7	9:45	8.8	3:02	0.4	3:45	-0.6	6:17	5:31	
2	Mon	10:00	9.9	10:32	9.2	3:57	0.0	4:33	-0.7	6:16	5:32	
3	Tue	10:48	9.9	11:16	9.4	4:47	-0.3	5:17	-0.7	6:14	5:34	
4	Wed	11:33	9.8	11:56	9.5	5:34	-0.5	5:58	-0.6	6:12	5:35	
5	Thu			12:16	9.5	6:17	-0.5	6:36	-0.3	6:11	5:36	
6	Fri	12:34	9.5	12:57	9.0	6:59	-0.3	7:13	0.1	6:09	5:37	
7	Sat	1:11	9.3	1:39	8.6	7:40	-0.1	7:51	0.6	6:07	5:39	
8	Sun	1:50	9.0	3:23	8.1	9:23	0.3	9:32	1.1	7:06	6:40	
9	Mon	3:31	8.6	4:11	7.6	10:09	0.7	10:16	1.5	7:04	6:41	
10	Tue	4:18	8.3	5:03	7.2	11:00	1.1	11:06	1.9	7:02	6:42	
11	Wed	5:11	8.0	6:01	6.9	11:56	1.4			7:00	6:43	
12	Thu	6:09	7.8	7:04	6.8	12:02	2.1	12:58	1.5	6:59	6:45	
13	Fri	7:12	7.9	8:05	7.0	1:03	2.2	2:02	1.4	6:57	6:46	
14	Sat	8:13	8.1	8:59	7.3	2:07	2.0	2:58	1.1	6:55	6:47	
15	Sun	9:06	8.4	9:44	7.8	3:03	1.6	3:45	0.7	6:53	6:48	
16	Mon	9:53	8.9	10:24	8.4	3:51	1.1	4:25	0.3	6:52	6:49	
17	Tue	10:36	9.2	11:02	8.9	4:35	0.5	5:03	-0.1	6:50	6:51	
18	Wed	11:17	9.5	11:40	9.5	5:17	0.0	5:41	-0.4	6:48	6:52	
19	Thu	11:59	9.7			6:00	-0.5	6:19	-0.6	6:46	6:53	
20	Fri	12:18	9.9	12:42	9.7	6:43	-0.9	6:59	-0.6	6:45	6:54	
21	Sat	12:58	10.2	1:27	9.6	7:28	-1.1	7:42	-0.5	6:43	6:55	
22	Sun	1:40	10.3	2:14	9.3	8:15	-1.1	8:28	-0.2	6:41	6:57	
23	Mon	2:26	10.2	3:06	8.9	9:05	-0.9	9:18	0.2	6:39	6:58	
24	Tue	3:18	9.9	4:05	8.4	10:02	-0.5	10:15	0.6	6:38	6:59	
25	Wed	4:18	9.5	5:11	8.0	11:05	-0.1	11:18	1.0	6:36	7:00	
26	Thu	5:26	9.2	6:22	7.8			12:14	0.2	6:34	7:01	
27	Fri	6:39	9.0	7:34	7.9	12:29	1.2	1:27	0.3	6:32	7:02	
28	Sat	7:52	9.0	8:41	8.2	1:44	1.2	2:37	0.2	6:30	7:04	
29	Sun	8:58	9.1	9:37	8.7	2:55	0.8	3:36	0.0	6:29	7:05	
30	Mon	9:55	9.3	10:26	9.1	3:55	0.4	4:26	-0.1	6:27	7:06	
31	Tue	10:46	9.4	11:10	9.4	4:46	0.0	5:11	-0.2	6:25	7:07	