US HARBORS www.USHarbors.com

York, ME - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:55	8.6	11:58	9.5	5:57	-0.2	6:01	0.8	5:35	7:43	
2	Sat			12:35	8.5	6:35	-0.1	6:38	1.0	5:34	7:44	
3	Sun	12:34	9.4	1:13	8.3	7:12	0.0	7:13	1.2	5:32	7:45	
4	Mon	1:09	9.3	1:50	8.1	7:49	0.2	7:50	1.4	5:31	7:47	
5	Tue	1:46	9.1	2:29	7.9	8:26	0.4	8:28	1.6	5:30	7:48	
6	Wed	2:24	8.9	3:11	7.7	9:07	0.6	9:10	1.8	5:28	7:49	
7	Thu	3:07	8.6	3:57	7.5	9:50	0.8	9:56	1.9	5:27	7:50	
8	Fri	3:54	8.4	4:46	7.5	10:37	1.0	10:47	2.0	5:26	7:51	
9	Sat	4:46	8.3	5:36	7.6	11:26	1.1	11:41	1.9	5:25	7:52	
10	Sun	5:39	8.2	6:26	7.9			12:16	1.0	5:24	7:53	
11	Mon	6:36	8.2	7:17	8.3	12:38	1.7	1:07	0.9	5:22	7:54	
12	Tue	7:33	8.4	8:06	8.8	1:36	1.3	1:59	0.8	5:21	7:56	
13	Wed	8:30	8.6	8:54	9.4	2:33	0.7	2:50	0.5	5:20	7:57	
14	Thu	9:24	8.9	9:41	10.1	3:27	0.1	3:39	0.2	5:19	7:58	
15	Fri	10:16	9.1	10:28	10.6	4:18	-0.6	4:28	0.0	5:18	7:59	
16	Sat	11:08	9.3	11:18	10.9	5:09	-1.1	5:17	-0.1	5:17	8:00	
17	Sun			12:01	9.4	6:00	-1.4	6:08	-0.2	5:16	8:01	
18	Mon	12:09	11.1	12:55	9.4	6:52	-1.5	7:01	-0.1	5:15	8:02	
19	Tue	1:02	11.0	1:49	9.3	7:46	-1.4	7:55	0.1	5:14	8:03	
20	Wed	1:57	10.7	2:47	9.1	8:41	-1.2	8:53	0.3	5:13	8:04	
21	Thu	2:55	10.3	3:47	8.9	9:40	-0.8	9:55	0.6	5:12	8:05	
22	Fri	3:58	9.9	4:50	8.8	10:41	-0.4	11:01	0.9	5:11	8:06	
23	Sat	5:04	9.4	5:52	8.8	11:43	0.0			5:11	8:07	
24	Sun	6:09	9.0	6:52	8.9	12:08	1.0	12:43	0.3	5:10	8:08	
25	Mon	7:14	8.6	7:49	9.0	1:16	1.0	1:42	0.6	5:09	8:09	
26	Tue	8:16	8.4	8:42	9.1	2:20	0.8	2:38	0.8	5:08	8:10	
27	Wed	9:13	8.3	9:29	9.3	3:18	0.6	3:28	1.0	5:08	8:11	
28	Thu	10:04	8.2	10:13	9.3	4:08	0.4	4:13	1.1	5:07	8:12	
29	Fri	10:50	8.2	10:53	9.4	4:54	0.2	4:55	1.2	5:07	8:12	
30	Sat	11:33	8.2	11:32	9.3	5:36	0.2	5:34	1.3	5:06	8:13	
31	Sun			12:14	8.1	6:15	0.2	6:12	1.4	5:05	8:14	