US HARBORS www.USHarbors.com

York, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:48	10.1	8:33	8.7	1:41	0.2	2:33	-0.7	7:14	4:18	
2	Wed	8:47	10.4	9:31	9.0	2:42	0.0	3:30	-1.1	7:14	4:19	
3	Thu	9:43	10.6	10:26	9.2	3:39	-0.2	4:25	-1.3	7:14	4:20	
4	Fri	10:37	10.7	11:18	9.4	4:34	-0.4	5:17	-1.4	7:14	4:20	
5	Sat	11:29	10.6			5:26	-0.4	6:06	-1.4	7:14	4:21	
6	Sun	12:08	9.4	12:19	10.4	6:17	-0.4	6:54	-1.1	7:13	4:22	
7	Mon	12:55	9.3	1:07	9.9	7:07	-0.2	7:40	-0.7	7:13	4:23	
8	Tue	1:43	9.2	1:56	9.4	7:58	0.1	8:26	-0.2	7:13	4:25	
9	Wed	2:31	8.9	2:47	8.8	8:50	0.4	9:13	0.3	7:13	4:26	
10	Thu	3:20	8.7	3:41	8.2	9:44	0.8	10:02	0.7	7:13	4:27	
11	Fri	4:10	8.5	4:36	7.7	10:40	1.0	10:52	1.2	7:12	4:28	
12	Sat	5:01	8.3	5:34	7.4	11:38	1.2	11:45	1.5	7:12	4:29	
13	Sun	5:55	8.3	6:34	7.2			12:38	1.2	7:11	4:30	
14	Mon	6:50	8.3	7:32	7.3	12:42	1.6	1:37	1.1	7:11	4:31	
15	Tue	7:43	8.5	8:24	7.4	1:38	1.6	2:29	0.8	7:11	4:32	
16	Wed	8:31	8.7	9:10	7.7	2:28	1.4	3:14	0.5	7:10	4:34	
17	Thu	9:15	9.0	9:53	7.9	3:12	1.2	3:55	0.2	7:09	4:35	
18	Fri	9:56	9.3	10:32	8.2	3:53	0.9	4:33	-0.1	7:09	4:36	
19	Sat	10:35	9.5	11:10	8.5	4:33	0.6	5:10	-0.3	7:08	4:37	
20	Sun	11:14	9.7	11:46	8.8	5:13	0.4	5:46	-0.6	7:08	4:39	
21	Mon	11:52	9.8			5:53	0.1	6:23	-0.7	7:07	4:40	
22	Tue	12:23	9.0	12:33	9.7	6:35	-0.1	7:02	-0.7	7:06	4:41	
23	Wed	1:02	9.3	1:15	9.6	7:19	-0.2	7:43	-0.7	7:05	4:42	
24	Thu	1:44	9.4	2:03	9.3	8:07	-0.3	8:29	-0.5	7:05	4:44	
25	Fri	2:31	9.5	2:56	8.9	8:59	-0.2	9:19	-0.2	7:04	4:45	
26	Sat	3:23	9.5	3:55	8.5	9:57	-0.1	10:14	0.1	7:03	4:46	
27	Sun	4:20	9.4	4:59	8.2	10:59	0.0	11:14	0.4	7:02	4:48	
28	Mon	5:23	9.4	6:09	8.1			12:07	0.0	7:01	4:49	
29	Tue	6:31	9.5	7:20	8.1	12:20	0.6	1:18	-0.1	7:00	4:50	
30	Wed	7:38	9.7	8:25	8.4	1:29	0.5	2:24	-0.4	6:59	4:52	
31	Thu	8:40	9.9	9:22	8.7	2:34	0.3	3:22	-0.7	6:58	4:53	